2015 South West Inter-Counties Championships Team Declaration

NOVA	Elite	A STRING		B STRING		RESERVE	
U17M	std.	Name	PB	Name	PB	Name	PB
100m	11.5	11.5 Declan Walters	11.23	Jamie North	11.5		
200m	23.4	23.4 Joshua Snook	22.72	Declan Walters	22.8		
400m	53.1	Joshua Snook	50.9	Louis Torto	52.81		
800m	02.05.00	Anton Mills	2.01.47	Saheebjeet Singh	2.02.36	Joe Gentry	2.03.21
1500m	04.20.0	Saheebjeet Singh	4.18.73				
3000m	09.05.00	Hugh Sadler	9.27.90				
100m Hurdles	15.9	15.9 Jack Moore	15.35				
400m Hurdles	65.0						
2000m Steeplechase	00:00.0						
High Jump	1.70	Adam Brooks	1.90	Fraser Russell	1.70		
Long Jump	5.78	Fraser Russell	6.00	Harry Weston	5.95		
Triple Jump	11.74	11.74 Harry Weston	12.51	Jack Joynson	12.41		
Pole Vault	2.70	2.70 Kurt Cameron	3.61	Jonny Shine	2.91		
Shot	10.80	10.80 Mark Pratt	11.71				
Discus	30.90	30.90 Mark Pratt	28.43				
Javelin	40.20						
Hammer	2400	Tyler Molton	43.47				

Exeter, 2015

Version 1.0

NOTES: Counties are **entitled** to enter **ONE**competitors in **EVERY** event. Counties **may** enter up toTWO competitors in an event provided that **ALL** competitors have met the "Elite Standard" given for that event.

Where seeding is deemed necessary due to competitor numbers, indicated PBs will be used to seed competitors.

Please suppy Names as: Firstname Surname

Elite Standard Times for U17W / U17M are for 1500m distance