

2015 South West Inter-Counties Championships Team Declaration

AVON U17W	Elite std.	A STRING		B STRING		RESERVE	
		Name	PB	Name	PB	Name	PB
100m	12.9	Yvette Westwood	12.0	Ella Falk	12.48	Leticchia Faulknor	12.76
200m	26.5	Yvette Westwood	24.8	Sarah Smith	26.34	Ella Falk	26.49
300m	43.1	Ella Falk	40.66	Sarah Long	42.38	Annie Lewis	42.40
800m	2.25.0	Anna Burt	2.13.08	Ellie Wallace	2.16.12	Ellie Leather	2.18.47
1500m	5.05.0	Hannah Hobbs	4.38.71	Ellie Wallace	4.45.14	Ellie Leather	4.45.6
3000m	11.45.0	Hannah Hobbs	10.26.37	Ellie Leather	10.48.0	Sophie Reed	11.36.26
80m Hurdles	13.3	Samantha Barrett	12.40	Imogen Dawe-Lane	12.66	Nicola Fortune	13.17
300m Hurdles	50.0	Nicola Fortune	50.7				
2000m Steeplechase	08.41.00						
High Jump	1.50	Ada'ora Chigbo	1.81				
Long Jump	4.80	Ada'ora Chigbo	5.34	Samantha Barratt	5.21	Esther Leong	5.03
Triple Jump	9.90	Alexis Bond	9.52				
Pole Vault	2.30						
Shot	9.80	Ada'ora Chigbo	14.77	Gabby Cook	10.43		
Discus	22.50	Catherine Clayton	32.25	Gabby Cook	26.67		
Javelin	25.40						
Hammer	25.22	Catherine Clayton	36.90	Jessica Mead	31.74		

Exeter, 2015

Version 1.0

NOTES: Counties are **entitled** to enter **ONE** competitors in **EVERY** event. Counties **may** enter up to **TWO** competitors in an event provided that **ALL** competitors have met the "Elite Standard" given for that event.

Where seeding is deemed necessary due to competitor numbers, indicated PBs will be used to seed competitors.

Please supply Names as: **Firstname Surname**

Elite Standard Times for U17W / U17M are for **1500m** distance