

YDL UPPER AGE GROUP 2018

ATHLETE AVAILABILITY & CONTACT DETAILS 2018 – FEMALE ATHLETES.

ATHLETE NAME:

ATHLETE CLUB:

EMAIL:

EMERGENCY CONTACT NUMBER:

DOB:

URN number:

AGE GROUP: U17 / U20 IF U17 – would you be willing to compete in U20 events? YES / NO

AVAILABILITY: Please DELETE yes/no to indicate if you are available for selection on a particular date:

MATCH 1: SUNDAY 29 APRIL- SWANSEA YES / NO

MATCH 2: SUNDAY 27 MAY – CARDIFF YES / NO

MATCH 3: SUNDAY 1 JULY - EXETER YES / NO

MIDLANDS REGIONAL FINAL: SUNDAY 29 JULY – STOKE GIFFORD YES / NO

PREFERRED EVENTS & PERSONAL BEST TIME/DISTANCE/HEIGHT:

1st EVENT :

2nd EVENT:

3rd EVENT:

OTHER EVENTS YOU WOULD BE WILLING TO COMPETE IN TO ENABLE THE TEAM TO PICK UP POINTS:

80m HURDLES (U17W)	<input type="checkbox"/>	POLE VAULT	<input type="checkbox"/>	LONG JUMP	<input type="checkbox"/>
100m HURDLES (U20W)	<input type="checkbox"/>	HIGH JUMP	<input type="checkbox"/>	TRIPLE JUMP	<input type="checkbox"/>
100m	<input type="checkbox"/>	200m	<input type="checkbox"/>	HAMMER	<input type="checkbox"/>
300m (U17W)	<input type="checkbox"/>	400m (U20W)	<input type="checkbox"/>	DISCUS	<input type="checkbox"/>
300m HURDLES (U17W)	<input type="checkbox"/>	400M HURDLES (U20W)	<input type="checkbox"/>	JAVELIN	<input type="checkbox"/>
800m	<input type="checkbox"/>	1500m	<input type="checkbox"/>	SHOT	<input type="checkbox"/>
3000m	<input type="checkbox"/>	1500m STEEPLECHASE	<input type="checkbox"/>	4 x 100m RELAY	<input type="checkbox"/>
4 x 300m RELAY (U17W)	<input type="checkbox"/>	4 x 400m RELAY (U20W)	<input type="checkbox"/>		

Please return your form to the YDL Team Avon Women's Team Manager (**Jim Strudwick**) at

jim.strudwick@blueyonder.co.uk

MOB: 07971439703

