

## Risk Assessment: Covid-19 annex for Step 2

Date:	Assessed by:	Location:	Review:
20/06/2020	YADAC Committee Compiled by Vice Chair.	Yate and District Athletic Club at the Yate Outdoor Sports Complex	In line with PHE and EA updates

Following the realisation that Covid-19 was to be a global pandemic the UK Government introduced law and guidance which required facilities such as Yate Outdoor Sports Club to close and for gatherings of people to stop thus requiring sports clubs to stop providing events and training. Consequently, Yate and District Athletic Club suspended activities. As the pandemic has evolved and now as the situation has improved UK government direction and EA guidance has been updated to permit a limited opening of infrastructure. Yate and District Athletic Club are now 'reintroducing coaching and training to our athletes'. This risk assessment draws on UK Government instruction and Guidance (Typically focussed through guidance issued by Public Health England) and additional guidance from the sport's governing body England Athletics. This risk assessment further draws on committee and a Covid-19 sub-group within which available guidance was reviewed. This led to consolidation in this risk assessment and a communication strategy through signage and information issued by email and social media to the membership. All actions taken are agreed within the sub-group first.

Compared to being closed the risk is increased and this risk assessment looks to set out controls and mitigations to enable reopening whilst mitigating the risk so far as we are able recognising that a key limitation is our understanding and knowledge of people contacts away from the club. Mitigations and controls are therefore focussed on what we can do as opposed to UK Government controls and initiatives such as 'track and trace'. In all cases UK Government instruction and advice takes precedence.

This risk assessment refers to UK Government and England Athletics guidance current at the date above. Any update in guidance would need a review of this risk assessment.

The pre-controls risk status is measured against the pre-suspended state to assist in identifying any increase in controls necessary. Low post mitigation ratings are in the context that action has been taken as far as we are able with the information balanced with resuming activities. A 'very-low' or 'no-risk' associated with pre Covid-19 conditions is not possible as too many factors outside our control. Consequently, for many matters the risk rating is considered as no worsening of the general UK messaging and controls reinforce. The only way to gain an improvement over the general condition is where activities are abandoned.

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Awareness (Committee knowledge and understanding)	Club membership	<ul style="list-style-type: none"> <li>n/a</li> </ul>	H	<ul style="list-style-type: none"> <li>Due to focussed nature of challenge a sub-group was established to review UK Government and EU guidance with a view of understanding 'what it means to us'.</li> <li>Whilst we recognise the 'strong recommendation' for EA to take professional advice access to such advice is not straight forward, easy to</li> </ul>	M	Committee	04.06.20	Yes

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				<p><i>scope or clear who could provide competent advice. The advice from UK Government is thorough and carries no such disclaimer.</i></p> <ul style="list-style-type: none"> <li><i>We are following UK government advice and utilising EA guidance as provided for an athletics context.</i></li> <li><i>The committee have established a smaller group to provide a focal point for Covid-19 discussions and the vice-chair acts as coordinator.</i></li> </ul>		Vice Chair (CC)		
Awareness (restarting coaching and training)	Club members	<ul style="list-style-type: none"> <li><i>n/a</i></li> </ul>	H	<ul style="list-style-type: none"> <li><i>Prior to UK Government advice permitting limited opening all club activities suspended and complex closed resulting in a 'low' risk.</i></li> <li><i>In moving towards reopening the risk increases when measured against the 'closed state'.</i></li> <li><i>It is necessary to communicate to the membership on 'reintroducing coaching and training to our athletes' with information concerning measures required to comply with PHE and derivative EA guidance. This will be done through direct email to members registered email address and through club social media channels and website.</i></li> </ul>	M	S&E Membership	04.06.20  V3_4 22.06.20	V1. Completed  V2. 04.06.20  Yes
Awareness (policy)	Club members	<ul style="list-style-type: none"> <li><i>Prior to reopening awareness is being addressed with nationwide UK government messaging and guidance across all media platforms</i></li> </ul>	H	<ul style="list-style-type: none"> <li><i>Due to nationwide coverage local signage will be focussed on social distancing, hygiene, and local arrangements specific to the facility reinforcing and repeating government messaging as required. Policy and signage located at entrance gates,</i></li> </ul>	M	Vice Chair (CC)	Ongoing review required	V1. 25/05.20  V2. 02.06.20

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		<ul style="list-style-type: none"> <li>Due to global nature of the pandemic general awareness of symptoms and requirements for social distancing are extensively communicated.</li> </ul>		<p>facility notice board nr stadia seating, 100m shelter, shed and adjacent to emergency access keys. Additional signage will be determined on a walkover of facility such as railings and in front of stadia.</p> <ul style="list-style-type: none"> <li>Local signage will as far as is possible be based on or informed by other widely available signage to provide consistency in messaging.</li> <li>All club communications and information posters will refer to UK Government (Public Health England) and England Athletics guidance.</li> <li>Establish a committee sub-group to facilitate developing understanding and communicating messaging.</li> <li>Committee will identify a Covid-19 coordinator to provide a focus to local arrangements.</li> <li>Key messaging for local instructions will be communicated to all athletes.</li> <li>Create reintroducing coaching and training to our athletes' poster for distribution to members and placing at the facility.</li> <li>All athletes, coaches, parents associated with the club will receive a copy of all local instructions prior to any facility visit and will be directed to PHE / EA guidance.</li> <li>We will continually adopt and review new government / EA guidance as and when it is available.</li> <li>Recognising that we cannot pre-empt or identify all challenges the</li> </ul>				

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				<i>committee and Covid-19 coordinator will be open to challenge and discussion with the membership</i>				
Awareness (message reinforcement)	Track / facility users	<ul style="list-style-type: none"> <li><i>n/a</i></li> </ul>		<ul style="list-style-type: none"> <li><i>Local signage to be installed</i></li> <li><i>Cannot control adherence to signage but can request coaches reinforce messaging and introduce club local disciplinary measures for non-compliance.</i></li> <li><i>Signage is currently limited in number and size due to printing limitations. Keep under review. Additional signage may be required for events.</i></li> </ul>	M	Chair Committee / Coaches	04.06.20 As reqd.	
Awareness (Cleaning)	All	<ul style="list-style-type: none"> <li><i>No controls</i></li> </ul>		<p><b>Context (based on PHE guidance):</b>  <i>The infection risk from coronavirus (COVID-19) following contamination of the environment decreases over time. It is not yet clear at what point there is no risk. However, studies of other viruses in the same family suggest that, in most circumstances, the risk is likely to be reduced significantly after 72 hours. UK Government blog notes: Under most circumstances, the amount of infectious virus on any contaminated surfaces is likely to have decreased significantly by 24 hours, and even more so by 48 hours. How long any respiratory virus survives will depend on a number of factors; for example: what surface the virus is on; whether it is exposed to sunlight; differences in temperature and humidity; exposure to cleaning products</i></p> <p><b>PHE Cleaning on non-health care settings (15 May 2020) for cleaning and disinfection.</b></p>				

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				<ul style="list-style-type: none"> <li>• <i>Public areas where a symptomatic individual has passed through and spent minimal time, such as corridors, but which are not visibly contaminated with body fluids can be cleaned thoroughly as normal.</i></li> <li>• <i>All surfaces that the symptomatic person has come into contact with must be cleaned and disinfected, including:</i> <ul style="list-style-type: none"> <li>• <i>objects which are visibly contaminated with body fluids</i></li> <li>• <i>all potentially contaminated high-contact areas such as bathrooms, door handles, telephones, grab-rails in corridors and stairwells</i></li> </ul> </li> <li>• <i>Where there is a specific Covid-19 risk the cleaning solution must be in accordance with PHE guidance such as a combined detergent disinfectant solution at a dilution of 1,000 parts per million available chlorine or a specific anti-viral cleaner. Avoid clearing splashes and spray.</i></li> <li>• <i>For full details refer to PHE guidance.</i></li> </ul> <p><b>England Athletics Guidance</b>  <i>equipment is thoroughly cleaned according to guidance before and after each session (different guidance for jumps is addressed below).</i></p> <p><i>The PHE guidance refers to cleaning where symptomatic or unwell individual has passed through or surfaces, they have been in contact with.</i></p>				

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				<p><i>The PHE guidance for cleaning in non-healthcare settings does not refer to cleaning arrangements to comply with normal statutory requirements or general hygiene.</i></p> <p><i>In looking for relevant practice and other guidance:</i></p> <ul style="list-style-type: none"> <li>• <i>Considering <a href="#">PHE guidance for construction</a> (15.06.20) and other outdoor work: (Athletics being considered as outdoor work) §5.2 notes steps that will usually be needed:</i> <ul style="list-style-type: none"> <li>• <i>Frequent cleaning of work areas and equipment between uses, using your usual cleaning products.</i></li> <li>• <i>Frequent cleaning of objects and surfaces that are touched regularly, such as buckets, site equipment and control panels, and making sure there are adequate disposal arrangements.</i></li> <li>• <i>Clearing workspaces and removing waste and belongings from the work area at the end of shift.</i></li> <li>• <i>Sanitisation of all hand tools, controls, machinery and equipment after use.</i></li> <li>• <i>If you are cleaning after a known or suspected case of COVID-19 then you should refer to the specific guidance.</i></li> </ul> </li> </ul>				

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				<p><i>And for <a href="#">education</a> (01.06.20) settings:</i></p> <ul style="list-style-type: none"> <li>• <i>clean surfaces that children and young people are touching, such as toys, books, desks, chairs, doors, sinks, toilets, light switches, bannisters, more regularly than normal.</i></li> <li>• <i>although outdoor equipment should not be used unless the setting is able to ensure that it is appropriately cleaned between groups of children and young people using it, and that multiple groups do not use it simultaneously. Read <a href="#">COVID-19: cleaning of non-healthcare settings</a></i></li> </ul> <p><i>Frequent in an <a href="#">NHS primary care context</a> is noted as more than twice a day wherever possible (§4.9).</i></p> <p><i>Considering the above for outdoor equipment with frequent contact a normal but frequent cleaning regime is appropriate where there is no explicit Covid-19 risk.</i></p> <ul style="list-style-type: none"> <li>• <i>Where cleaning is not practicable equipment could be restricted to a single individual or left fallow for 72 hours between users where exposure risk is high.</i></li> <li>• <i>For beds and sand pits the contact time is very low (land and get off or get out) and frequency is measured</i></li> </ul>				

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				<p><i>with a defined and known list of attendees who have all ratified fit and well on booking and on arrival. Contact time with these surfaces is much less than contact time with other surfaces in public spaces such as a park bench, the grass, a train seat etc.</i></p> <ul style="list-style-type: none"> <li><i>Where necessary disposable coverings could be considered by coaches/athletes in a specific risk assessment where neither clearing nor leaving fallow for 72 hours practicable. e.g. a tarpaulin dedicated to an athlete over a landing bed or loaning equipment out.</i></li> </ul>				
Catching and spreading (competition or events)	Club membership and their families, public	<ul style="list-style-type: none"> <li><i>No controls</i></li> <li><i>As government advice has suspended activities this has informed the high risk rating..</i></li> </ul>	H	<ul style="list-style-type: none"> <li><i>In line with UK Government and EA guidance YADAC will not be participating in competition or events that require mass assembly of people.</i></li> <li><i>The potential exists to support EA with pilot events to test arrangements for reintroducing competition. This will be reviewed under a separate risk assessment building on this document</i></li> </ul>	L	committee	Ongoing review	yes
Catching and spreading (proximity)	all	<ul style="list-style-type: none"> <li><i>No controls</i></li> <li><i>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium</i></li> </ul>	M	<ul style="list-style-type: none"> <li><i>In line with government and EA guidance YADAC will follow social distancing requirements.</i></li> <li><i>The limit to the number of people on the track is constrained only by social distancing requirements, the practicalities of the activity being</i></li> </ul>	M	Vice Chair (CC)	04.06.20	completed



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		<i>risk rating.</i>		<p><i>undertaken and any challenges for access/egress and managing emergency incidents.</i></p> <ul style="list-style-type: none"> <li>• <b>Messaging to include:</b></li> <li>• <i>2m social distancing advice.</i></li> <li>• <i>Avoid unnecessary contact with surfaces and equipment. Clear any surfaces contact</i></li> </ul>				
Catching and spreading (Hygiene)	all	<ul style="list-style-type: none"> <li>• <i>Washing facilities within toilets.</i></li> <li>• <i>No specific controls save for usual hygiene signage in rest rooms and kitchen areas.</i></li> <li>• <i>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</i></li> </ul>	M	<ul style="list-style-type: none"> <li>• <b>Messaging to include:</b></li> <li>• <i>Check-in with each other (there are no facility or central controls/checks) on arrival to confirm well and symptom free (Check-in with each other. Confirm everyone feeling well and free from symptoms (a new continuous cough, high temperature, loss of or change in your normal sense of taste or smell) and that no-one you have been in contact with within 14-days is self-isolating..</i></li> <li>• <i>Toilets to remain closed</i></li> <li>• <i>In line with EA guidance all members visiting the complex are advised in messaging to bring hand sanitiser.</i></li> <li>• <i>In line with EA guidance all members visiting the complex are advised through communications information to bring a surface sanitiser to clean and equipment bring used and any touch points such as gate and padlock. Due to lack of supervision no check lists or oversight will be introduced; hence the requirement to clean prior to use.</i></li> <li>• <i>Cough, sneeze into elbow (not</i></li> </ul>	M	Vice Chair (CC)	04.06.20	completed

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				hands)				
Catching / spreading (access to complex)	Club members	<ul style="list-style-type: none"> <li>Gates locked when complex not in use.</li> <li>When complex is in use no restriction on access.</li> <li>No booking process for athletes to book sessions and no register of attendance for coaches sessions.</li> <li>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</li> </ul>	M	<ul style="list-style-type: none"> <li><b>Messaging to include:</b></li> <li>During training session pedestrian gates will only be unlocked when supervised.</li> <li>If supervision not available, users to lock themselves in.</li> <li>Access by appointment only</li> <li>Appointments booked via coaches for coached sessions and through chair for individual and non-coached sessions</li> <li>Controls available are manual therefore policy needs advised to members.</li> </ul>	M	Vice Chair (CC)	04.06.20	Policy completed
Catching / spreading (when using the facilities within the complex)	Club members, public, YOSC staff	<ul style="list-style-type: none"> <li>Unrestricted access to common areas</li> <li>Office access limited to key holders</li> <li>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</li> </ul>	M	<ul style="list-style-type: none"> <li><b>Messaging to include:</b></li> <li>Limit numbers on site through a restricted 'admittance policy to coaches, athletes, committee and a parent / guardian of any one or more U18 from the same household.</li> <li>Pre-booked sessions only</li> <li>No public / spectator access.</li> <li>Zonation policy</li> <li>In line with PHE guidance coaching to athlete ratio of 1 to 5 implemented or for non-coached sessions a maximum of 6 people.</li> <li>Athletes and coaches restricted to training zones, equipment shed for collection of equipment (no access to U18s without supervision) and</li> </ul>	M	Vice Chair (CC)  Committee	04.06.20	In place

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				<p><i>access routes around complex subject to adherence of social distancing and implementation of sanitisation as required.</i></p> <ul style="list-style-type: none"> <li><i>• Stadia seating is available for use and users must ensure social distancing and that seats are cleaned before and after use.</i></li> <li><i>• Parents and guardians in attendance must stay outside training zones (unless a first aid need) and maintain social distancing.</i></li> </ul>				
Catching / spreading (within clubhouse, changing rooms and toilets)	Club members, public, YOSC staff	<ul style="list-style-type: none"> <li><i>• Unrestricted access to common areas</i></li> <li><i>• As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</i></li> </ul>	M	<ul style="list-style-type: none"> <li><i>• YOSC staff remain furloughed. Venue will be subject to a specific risk assessment by YOSC.</i></li> <li><i>• Welfare facilities will remain closed until staff available to open, operate and clean in accordance with PHE guidance.</i></li> <li><i>• YADAC personnel with keys will respect YOSC closure and maintain facility in a closed state with entry limited to essential access for equipment and managing YADAC.</i></li> <li><i>• For future we may expect YOSC Staff and volunteer staff from YADAC to follow YOSC guidance which may include:</i> <ul style="list-style-type: none"> <li><i>• washing hands with soap regularly and thoroughly, for at least 20 seconds.</i></li> <li><i>• Tissues provided and to be used when coughing or sneezing and then place the used tissue in the bin</i></li> </ul> </li> </ul>	M	Clubhouse Building Keyholders	04.06.20	Completed

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				<p><i>before washing hands.</i></p> <ul style="list-style-type: none"> <li>• <i>Contact with personnel suspected of having caught COVID-19 will be avoided.</i></li> <li>• <b>Messaging to include:</b></li> <li>• <i>No access to toilets, clubhouse or changing areas.</i></li> </ul>		Vice Chair (CC)		
Catching / spreading (equipment shed)	Club members	<ul style="list-style-type: none"> <li>• <i>Unrestricted access</i></li> <li>• <i>Access nominally restricted to coaches, athletes, and volunteers.</i></li> <li>• <i>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</i></li> </ul>	M	<ul style="list-style-type: none"> <li>• <b>Messaging to include:</b></li> <li>• <i>No sports equipment to be used in the shed. e.g. shooting range gym equipment.</i></li> <li>• <i>Restrict access to committee, coaches and athletes for collection of equipment subject to social distancing requirements being adhered to.</i></li> <li>• <i>No access to unsupervised u18's</i></li> <li>• <i>Introduce scheme where athletes can take equipment on long-term loan to avoid cross contamination</i></li> </ul>	M	Vice Chair (CC)  keyholders	04.06.20	policy
Catching / spreading (equipment)	Club members	<ul style="list-style-type: none"> <li>• <i>No specific controls</i></li> </ul>	H	<ul style="list-style-type: none"> <li>• <b>Messaging to include:</b></li> <li>• <i>Introduce scheme where athletes can take equipment on long-term loan to avoid cross contamination</i></li> <li>• <i>Identify equipment for use of a single athlete (due to lack of supervision this may not be robust; therefore, see below).</i></li> <li>• <i>Equipment must be sanitised before and after contact and where not possible consideration given to an appropriate fallow period between uses of at least 72 hours. This</i></li> </ul>	M	Coaches / Athletes	06.06.20	policy

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				<p><i>should be confirmed by coach in a specific risk assessment</i></p> <ul style="list-style-type: none"> <li>• <i>Whilst in use athletes are responsible for equipment in use and should ensure no other people contact the equipment between sanitising. E.g. a hammer or javelin thrower should collect after a throw. This may necessitate instruction on safety arrangements by a group lead or coach to ensure safety is maintained. This should be considered in a coaches and athletes risk assessment.</i></li> </ul>				
Catching / spreading (track and field area – training only)	Coaches and athletes	<ul style="list-style-type: none"> <li>• <i>Limited only by a function of the differing zones for each track and field activity</i></li> <li>• <i>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</i></li> </ul>	M	<ul style="list-style-type: none"> <li>• <b>Messaging to include:</b></li> <li>• <i>Track use for training restricted to lanes 2, 5 and 8. Preserving lane 1 for competition. As illustrated on zone plan. Subject to coach's risk assessment linear separation can be implemented to consider overtaking and following. Suggest a starting point would be a bubble around an athlete of 2m left/right and 15m forward and back.</i></li> <li>• <i>Jump beds and pits not available for use in line with EA guidance.</i></li> <li>• <i>Adjacent javelin and throwing circles not to be used simultaneously.</i></li> <li>• <i>Coaches and athletes to be restricted to their training zones.</i></li> <li>• <i>Develop a zone plan to assist with logistics. Copy at the end of this risk assessment.</i></li> </ul>	M	Vice Chair (CC) Coaches	06.06.20	<p>Zone diagram complete</p> <p>Policy complete</p>

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				<ul style="list-style-type: none"> <li>A coach may work with an assistant coach providing social distancing must be maintained and no more than six people in any training zone. The assistant coach may lead a cohort of five other athletes in a different training zone.</li> </ul>				
Catching / spreading (Hurdles and steeple chase jumps)	Coaches and athletes Set up volunteers	<ul style="list-style-type: none"> <li>No specific controls</li> </ul>		<ul style="list-style-type: none"> <li>Hurdles should be managed by dedicated individuals for a session, i.e. coach or if numerous then assign different areas to different people.</li> <li>Hand arm contact would not normally be expected and thus cleaning regime can be appropriate to managing contact points between use.</li> <li>Those not assigned to manage equipment should not touch. E.g. an athlete who knocks one over.</li> </ul>		Coach	As required	Yes
Catching / spreading (high risk groups)	clinically or extremely vulnerable persons	<ul style="list-style-type: none"> <li>As government advice is to permit limited reopening and that shielded people can venture out it is assumed the general risk is more tolerable. However as stringent controls remain in place nationally this has informed the high risk rating.</li> </ul>		<ul style="list-style-type: none"> <li>Participation should only be considered with stringent social distancing and in line with current PHE guidance.</li> <li>Local guidance requests those falling into vulnerable groups should discuss specific needs to enable arrangements to be developed</li> <li>Specific risk assessments required and will need to be informed by a personal risk assessment to ensure controls adequate.</li> <li><b>Messaging to include:</b></li> </ul>	H	Chair & Vice Chair (CC)	As required	Guidance note complete  Specific guidance on developed request as needs require

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				<ul style="list-style-type: none"> <li>Contact club for specific needs</li> </ul>				
Catching / spreading (behaviours)	Coaches and athletes	<ul style="list-style-type: none"> <li>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</li> </ul>	M	<ul style="list-style-type: none"> <li><b>Messaging to include:</b></li> <li>In line with EA guidance coaches and athletes informed in messaging the need to develop a coaches and Personal Risk Assessment.</li> <li>Disciplinary measures may be taken for non-compliance</li> <li>As above. Check-in with each other.</li> </ul>	M	Vice Chair (CC)	04.06.20	Complete
Catching / spreading (payment)	Complex users	<ul style="list-style-type: none"> <li>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</li> </ul>	M	<ul style="list-style-type: none"> <li><b>Messaging to include:</b></li> <li>online payment of track and field fees only</li> <li>Booking confirmation and poster to include payment details</li> </ul>	L	Vice Chair (CC)  Chair	04.06.20	In place
Catching / spreading (contact points)	Complex users	<ul style="list-style-type: none"> <li>As government advice is to permit limited reopening it is assumed to general risk is more tolerable and this has informed the medium risk rating.</li> </ul>	M	<ul style="list-style-type: none"> <li>local messaging and signage to reinforce hygiene requirements</li> <li>reminder added to booking confirmation email.</li> </ul>	M	JD  JD	03.06.20  ongoing	Complete  ongoing
Catching / spreading (jumps - general)	jumpers / coaches	<ul style="list-style-type: none"> <li>no specific controls</li> <li>Environmental, flammable and irritant matters covered below.</li> </ul>	H	<ul style="list-style-type: none"> <li>further to discussion during a Q&amp;A session with England Athletics 04.06.2020 a question was posed if a bed could be allocated to a single athlete. It was noted that EA in discussion with other sports that use beds and mats with a view of understanding options, these include single person use only or with a fallow period (potentially 24-72 hrs)</li> </ul>		Jumps Coaches / athlete	Prior to any activity	Communicated

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				<p><i>and or cleaning between different users.</i></p> <ul style="list-style-type: none"> <li>• <i>In video conference with EA 15.06.20 following updated jumps guidance we set out an interpretation of guidance with a view of obtaining clarifications. EA have noted whilst not updating online guidance until at least 04.07.20 advice from insurer is that EA guidance must be followed.</i></li> <li>• <i>Hygiene needs to be maintained for common touch points in setting up and during activity. e.g. only one person uses a touch point, or it is sanitised between contacts.</i></li> <li>• <i>It is recognised that there is no specific PHE guidance aligned to this matter however options discussed are considered to maintain the intent.</i></li> <li>• <i>Coaches should have a specific risk assessment considerate of themselves and any known challenges with athletes.</i></li> </ul> <p><i>Should a symptomatic individual person contact the bed as they are outdoors and in moderate sunlight the decay half-life of the virus is expected to be 4-6 minutes (refer to slides from EA risk assessment session 10.06.20) and thus after 20 minutes 7% would remain and after 30 minutes approximately 2% would remain and 60 minutes 0.02%. It is prudent therefore to uncover the bed in 30 minutes prior to use and leave</i></p>				



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				<i>uncovered for 30 minutes afterwards whilst athletes are undertaking warm up/down.</i>				
Catching / spreading (High Jump and Pole Vault)	High jump / pole vault athletes and coaches	<ul style="list-style-type: none"> <li>• Catching / spreading (jumps - general) as noted above.</li> <li>• Environmental, flammable and irritant matters covered below.</li> </ul>		<p><i>Noted that high jump bed has a surface area of approximately 25m<sup>2</sup> and for a pole vault bed approximately 60m<sup>2</sup>. Cleaning, even if only cleaning the areas an athlete lands requires getting onto it or using a spray solution and thus increasing contact risk for others. PHE Guidance advises against spray solutions.</i></p> <p><i>Our interpretation includes for high jump:</i></p> <ul style="list-style-type: none"> <li>• <i>Athletes maintain social distancing and hand hygiene.</i></li> <li>• <i>Athlete contact time with the bed is as short as is practicable...no resting on it.</i></li> <li>• <i>Government guidance for cleaning the bed or pit only applies with a symptomatic individual has passed through or contacted. During check-in, the coach <u>must</u> verify wellbeing of participants in line with local rule that if unwell stay away. Cleaning then follows normal practice.</i></li> <li>• <i>Pole vault poles are assigned to a specific user and are cleaned before and after use.</i></li> <li>• <i>Dedicated individuals will</i></li> </ul>		Jumps Coaches / athlete	Prior to any activity	Communicated

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				<p><i>manage bars (and uprights and any adjustment). Where more than one individual is supporting the activity a range of controls can be applied to common touch points from dedicated responsibilities (left hand bar and upright), sanitising between contact or applying hand sanitiser at each contact or applying hand sanitiser before touching face. Each of these controls in sequence has reducing separation from any risk and should be addressed in a coaches/athlete's risk assessment.</i></p> <ul style="list-style-type: none"> <li><i>The requirement to sanitise hands is increased to when activities change or a person touches something where its state of cleanliness by frequent cleaning cannot be assured.</i></li> <li><i>The requirement to sanitise any part of the body that could touch the face increases. e.g. if forearms uncovered.</i></li> <li><i>The need to re-grip poles is not necessary as athletes will be assigned their own poles.</i></li> </ul>				
Catching / spreading (long jump, triple jump, standing long	long jump, triple jump, standing long jump athletes and coaches	<ul style="list-style-type: none"> <li>Catching / spreading (jumps - general) as noted above.</li> </ul>		<p><i>Noted that sand pit has a surface area of approximately 30m<sup>2</sup> and contains approximately 15m<sup>3</sup> of sand. Cleaning, even if only cleaning the</i></p>		Jumps Coaches / athlete	Prior to any activity	Communicated

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jump)		<ul style="list-style-type: none"> <li>• Environmental, flammable and irritant matters covered below.</li> </ul>		<p>areas an athlete lands requires getting onto it or using a spray solution as well as agitating the sand and surface. PHE Guidance advises against spray solutions.</p> <ul style="list-style-type: none"> <li>• Athletes maintain social distancing and hand hygiene.</li> <li>• Athlete contact time with the bed is as short as is practicable...no resting on it.</li> <li>• Government guidance for cleaning the bed or pit only applies with a symptomatic individual has passed through or contacted. During check-in, the coach <u>must</u> verify wellbeing of participants in line with local rule that if unwell stay away.</li> <li>• Cleaning then follows normal practice and is undertaken when turning landing area and raking landing area and exit route when restoring surface level.</li> <li>• Pole vault poles are assigned to a specific user and are cleaned before and after use.</li> <li>• Dedicated individuals will manage equipment (take off boards, rake, shovel). Where more than one individual is supporting the activity a range of controls can be applied to common touch points from</li> </ul>				

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				<p><i>dedicated responsibilities (left hand bar and upright), sanitising between contact or applying hand sanitiser at each contact or applying hand sanitiser before touching face. Each of these controls in sequence has reducing separation from any risk and should be addressed in a coaches/athlete's risk assessment.</i></p> <ul style="list-style-type: none"> <li><i>The requirement to sanitise hands is increased to when activities change or a person touches something where its state of cleanliness by frequent cleaning cannot be assured.</i></li> <li><i>The requirement to sanitise any part of the body that could touch the face increases. e.g. if forearms uncovered.</i></li> </ul>				
Catching / spreading (throw cages)	Coaches and athletes for javelin, discuss, shot putt and hammer	<ul style="list-style-type: none"> <li>no specific controls</li> </ul>		<ul style="list-style-type: none"> <li>Setting up cages</li> <li>As per normal cages should be lowered when high winds predicted between use.</li> <li>Cages to be positioned for right-handed throwers. The southern cage being preferentially used for hammer and the northern cage for discuss.</li> <li>Any adjustment to the cage will necessitate contact points being cleaned before and after.</li> </ul>		Throws Coaches / athlete	Prior to any activity	Communicated

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Emergency Access and equipment	All facility users	<ul style="list-style-type: none"> <li>When facility operational: key carriers are available first aid kit and defib are available.</li> <li>Designated first aiders available at academy and Tuesday evening, Thursday evening and Saturday morning/afternoon coaching sessions</li> <li>More personnel available to support and no controls for maintain social distancing</li> </ul>	L	<ul style="list-style-type: none"> <li>Key press installed in CCTV monitored area.</li> <li>Code provided to facility users to enable access to keys for shed (first aid kit and defibrillator) and vehicle barriers should emergency service access be required.</li> <li>Social distancing implemented</li> <li>Facility users advised to have a contingency in their personal risk assessment for injury and accidents.</li> </ul>	M	Chair	04.06.20	complete
Behaviours	All facility users	<ul style="list-style-type: none"> <li>General policy</li> </ul>		<ul style="list-style-type: none"> <li>Messaging includes note regarding potential for disciplinary action in event of non-adherence to guidance. Also reminds that people may be subject to legal action if also found to be non-compliant with UK Government advice.</li> <li>Whilst restrictions are in place a watching brief by committee members when present at the track to monitor compliance against guidance</li> </ul>		Vice chair (CC)  Committee		
Sanitiser as a Flammable substance	All	<ul style="list-style-type: none"> <li>COSHH for facility aspects</li> <li>None for personal users and products</li> <li>Track and field area, stadia and clubhouse are no smoking areas.</li> </ul>		<ul style="list-style-type: none"> <li>Sanitisers generally have a minimum alcohol content of 60% and are thus flammable.</li> <li>Due to absence of toilets and need to use sanitisers this risk is similar to that in the public domain.</li> <li>Communicate the risk.</li> </ul>		All Coaches	ongoing	Yes

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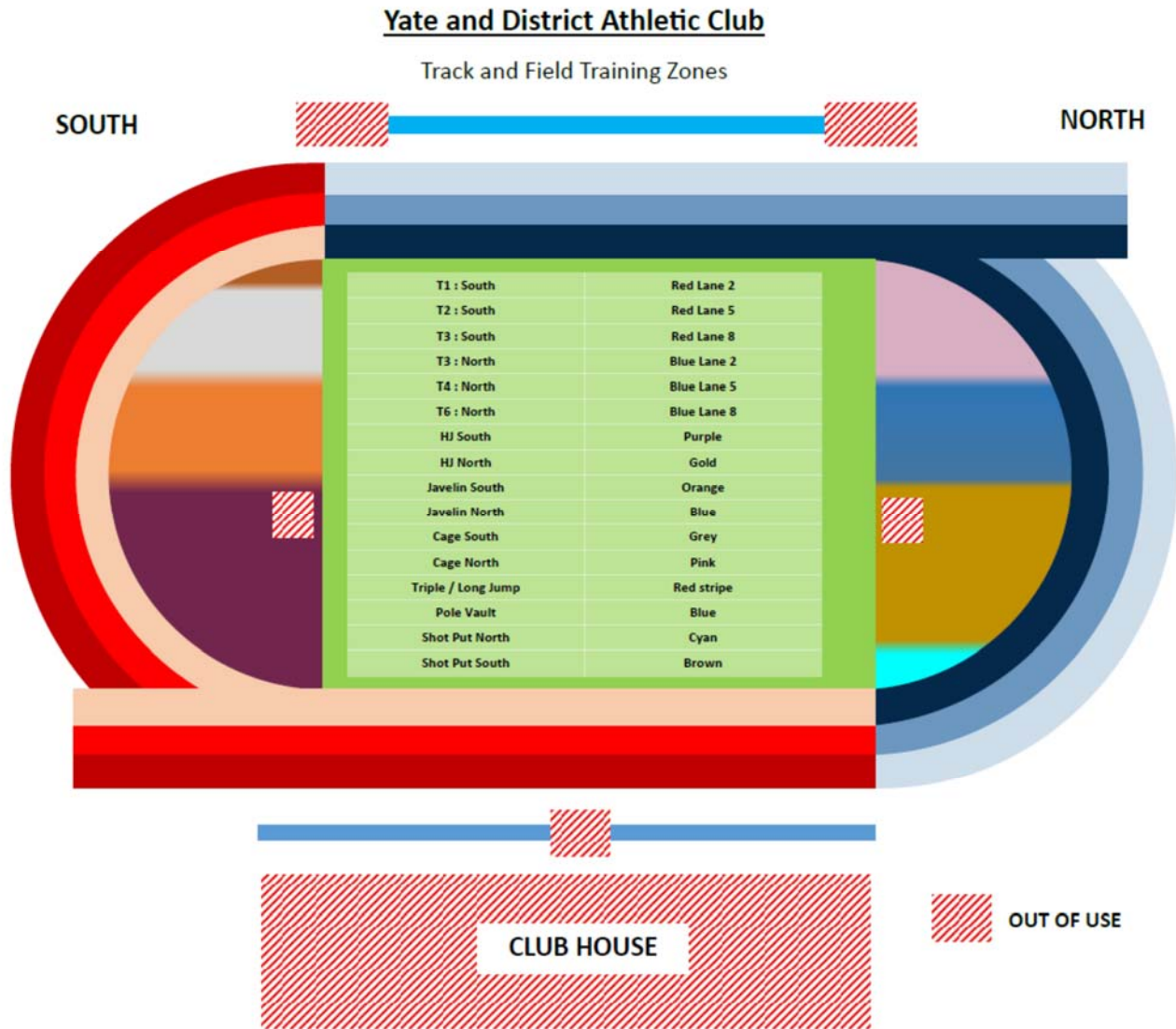
What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
		<ul style="list-style-type: none"> <li>Limited designated smoking areas within the complex.</li> </ul>		<ul style="list-style-type: none"> <li>Alcohol is widely reported to evaporate within 15-30 seconds.</li> <li>As an athletics club with not many smokers and with only designated smoking areas it is expected that alcohol content will have evaporated prior to issue being presented.</li> <li>This may need specific attention when considering competition and starting gun.</li> </ul>				
Irritants	All Anyone with skin sensitivities such as contact dermatitis, eczema, etc.	<ul style="list-style-type: none"> <li>COSHH for facility aspects</li> <li>None for personal users and products</li> </ul>		<ul style="list-style-type: none"> <li>Whilst cleaning frequency will necessarily increase the general policy is to use sparingly and as required only to ensure that on surfaces where skin is likely to contact to onus is on the individual to maintain hygiene.</li> <li>Coaches should be advise athletes of any cleaning products applied to equipment where skin could contact.</li> </ul>		Facility staff Coaches	ongoing	Yes
Environmental	Flora, fauna and wildlife	<ul style="list-style-type: none"> <li>No harmful products in use.</li> </ul>		<ul style="list-style-type: none"> <li>Anti-viral and chlorine based cleaning products used in the external environment are potentially harmful to the local environment.</li> <li>Use of cleaning products externally shall be minimised and used as required sparingly to achieve that state on cleanliness required and as far as is reasonably practicable minimise risk to the environment.</li> </ul>		Facility staff Coaches / athletes	ongoing	Yes
General cleanliness	All	<ul style="list-style-type: none"> <li>Facility managed under extant cleaning and hygiene arrangements</li> </ul>		<ul style="list-style-type: none"> <li>Due to dormant nature of facility taps are being run and toilets flushed to mitigate legionnaires disease risks</li> </ul>		Chair	Ongoing	Ongoing

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				<ul style="list-style-type: none"> <li>• <i>Food and drinks, bathrooms and facility areas will be cleaned prior to reopening in line with normal cleaning practices.</i></li> </ul>				

# Yate and District Athletic Club | Risk Assessment

Track Zones





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## Revision History

Date	Version	Who	Summary of update
05.06.2020	2	Vice Chair	Published online
09.06.2020	3	Vice Chair	Template update. Matrix remains based on UKA template. Minor update to clarify one parent/guardian per household for any U18 in attendance and reinforced stadia seating out of use. Updated text coloured 'nnnn'
<u>20.06.2020</u>	<u>3 4</u>	<u>Vice Chair</u>	<u>General updates for lessons learnt, revisions for stadia, jumps and health and environmental challenges due to Covid-19 cleaning products.</u>