



Yate Outdoor Sports Complex, Broad Lane, Yate, Bristol BS37 7LB

Adaptive Athletics – activities for those with special needs

Yate Athletic Club has begun a new programme of adapted activity sessions for people who have special needs.

The development is led by the funding from Sport England and this has a different focus to what is usually presented in other clubs.

**We have a simple approach:
“Respect the person and adapt the activity”**

We are not trying to fit people into existing programmes at Yate AC.
We are open to the individual needs and plans for progress.

The sessions are weekly and begin on 11th June
4pm to 6pm
at Yate Outdoor Sports Complex

You must contact us by email in advance of attendance as we will need to know a little more about you beforehand. Numbers of participants will be limited at the start.

Yate Outdoor Sports Complex is a covid secure environment and there are rules to be followed.

We have UK Athletics licensed coaches and full DBS and safeguarding qualifications.

**For further information please contact Jim or Jeremy on
adaptive4athletics@gmail.com**