

Midland LAG SW Divisions A and B Double Header Matches 2022

Team bib numbers:

Midland SW LAG Division A		
Team		
Bristol & West/Mendip	10	110
Gloucester AC	20	220
North Somerset AC	30	330
Team Bath	40	440
Yate & District AC	50	550

Midland SW LAG Division B		
Team		
Gwent Harriers	1	11
Llanelli AC	2	22
Neath Harriers	3	33
Rhymney Valley AC	4	44
South Wales	5	55
Team Green	6	66

TRACK: When possible combine races for both divisions to ensure a better experience for the athletes. However, when there are sufficient athletes to hold A and B races for Division 1, these should immediately be followed by A and B races for Division 2.

FIELD: both divisions to be held at the same time.
3 trials for U13 and U15 (in all but horizontal jumps)

Club Duties:

Clubs paired to allow less strain on officials. Some events will only require one team to cover, so teams will not always be working together with their 'partners'

Clubs may rotate officials however they must all sign in giving their full name and URN.

10	Bristol & West/Mendip	6	Team Green
20	Gloucester AC	4	Rhymney Valley AC
30	North Somerset AC	3	Neath Harriers
40	Team Bath	5	South Wales
50	Yate & District AC	2	Llanelli AC
1	Gwent Harriers		various

- ✓ Each club to provide at least one timekeeper or one track judge. **NB Paired teams must liaise with each other to ensure that between them they cover both roles**
- ✓ Each club **must** provide at least one level 2 or above field official
- ✓ Each club to provide at least 2 other field officials (any level) – to make 3 field officials in total
- ✓ Field referee to use discretion to reallocate officials as and when necessary

Each division match will need to be scored separately hence, ideally, you'll use 2 laptops and 2 results recorders. (You may also require 2 printers).

Allocation of Points for Officials: [replaces rule 5.4.1 for double headers only]

Points will be awarded for up to 4 officials qualified in their respective disciplines as follows:

8 points for either a qualified track judge or qualified timekeeper [level 1 or above]

8 points per qualified field official [level 1 or above]

4 points per unqualified official/ volunteer

If teams do not provide at least one level 2 field official **7 points** will be deducted from team scores.

5.4.6 Clubs/Teams who consistently fail (for at least 50% of matches) to provide at least one level 2 field judge, plus one other qualified field judge and at least one track judge or timekeeper at YDL matches during the year of competition; will not be eligible for promotion, or to participate in Promotion Matches or Finals.

If officials do not sign in in the correct manner (see clarification in 5.4.4 above) they will be deemed to be unqualified. All official's qualifications will be checked using the UKA licence checker: <https://myathletics.uka.org.uk/licencecheckofficial/>

Field Duties – (team numbers correspond with the table on previous page)::

Event	Time	May 8th Yate		May 21st Hereford		July 3rd Yate	
		Duties Shared Between Paired Teams		Duties Shared Between Paired Teams		Duties Shared Between Paired Teams	
U15 Boys Hammer	10:50	10	6	20	4	50	2
U15 Girls Long Jump	11:15	20	4	30	3	10	6
U15 Girls Hammer	11:35	30	3	40	5	20	4
U13 Girls High Jump	11:45	40	Not req'd	1	Not req'd	30	Not req'd
U13 Boys Shot	11:45	1	5	50	2	40	5
U15 Boys Discus	12:15	50	2	10	6	1	3
U15 B & G Pole Vault	12:30	10	Not req'd	20	Not req'd	50	Not req'd
U15 Girls Discus	13:00	20	4	30	3	10	6
U13 Girls Shot	13:00	30	3	40	5	20	4
U13 Boys High Jump	13:00	1	Not req'd	50	Not req'd	2	Not req'd
U15 Boys Long Jump	13:15	40	5	1	2	1	5
U15 Boys Javelin	13:45	50	2	10	6	30	3
U15 Boys High Jump	14:15	3	Not req'd	5	Not req'd	40	Not req'd
U15 Girls Shot	14:15	10	6	20	4	10	6
U13 Boys Javelin	14:30	30	1	40	50	20	4
U13 Girls Long Jump	14:30	20	4	30	3	50	2
U15 Girls Javelin	15:10	40	5	1	2	1	5
U13 Boys Long Jump	15:30	50	2	10	6	30	3
U15 Girls High Jump	15:30	10	Not req'd	20	Not req'd	6	Not req'd
U15 Boys Shot	15:30	1	4	3	40	40	4
U13 Girls Javelin	15:55	3	6	4	50	2	20

Lower Age Group Double Headed Timetable

TRACK Timetable

Time	Event	M/F	
11:00	70m Hurdles	U13 Girls	A followed by B
11:15	75m Hurdles	U13 Boys	A followed by B
11:30	75m Hurdles	U15 Girls	A followed by B
11:40	80m Hurdles	U15 Boys	A followed by B
12:00	150m	U13 Girls	A followed by B
	150m	U13 Boys	A followed by B
12:20	200m	U15 Girls	A followed by B
	200m	U15 Boys	A followed by B
12:40	800m	U13 Girls	A followed by B
	800m NS	U13 Girls	
12:55	800m	U13 Boys	A followed by B
	800m NS	U13 Boys	
13:10	800m	U15 Girls	A followed by B
	800m NS	U15 Girls	
13:25	800m	U15 Boys	A followed by B
	800m NS	U15 Boys	

Track Break - if time allows

14.00	75m	U13 Girls	A followed by B
	75m NS	U13 Girls	
14.15	75m	U13 Boys	A followed by B
	75m NS	U13 Boys	
14.30	100m	U15 Girls	A followed by B
	100m NS	U15 Girls	
14.45	100m	U15 Boys	A followed by B
	100m NS	U15 Boys	
15.00	300m	U15 Girls	A followed by B
	300m	U15 Boys	A followed by B
15.20	1500m	U15 Girls	One Race
	1500m	U15 Boys	One Race
15.45	1200m	U13 Girls	One Race
	1200m	U13 Boys	One Race
16.10	4x100m	U15 Girls	One Race
	4x100m	U15 Boys	One Race
	4x100m	U13 Boys	One Race
	4x100m	U13 Girls	One Race
16.30	4x300m	U15 Girls	One Race
	4x300m	U15 Boys	One Race

FIELD Timetable

Time	Event	M/F
10.50	Hammer	U15 Boys
11.15	Long Jump	U15 Girls
11.35	Hammer	U15 Girls
11.45	High Jump	U13 Girls
	Shot	U13 Boys
12.15	Discus	U15 Boys
12.30	Pole Vault	U15 B & G
13.00	Discus	U15 Girls
	High Jump	U13 Boys
	Shot	U13 Girls
13.15	Long Jump	U15 Boys
13.45	Javelin	U15 Boys
14.15	High Jump	U15 Boys
	Shot	U15 Girls
14.30	Javelin	U13 Boys
	Long Jump	U13 Girls
15.10	Javelin	U15 Girls
15.30	Long Jump	U13 Boys
	High Jump	U15 Girls
	Shot	U15 Boys
15.55	Javelin	U13 Girls

3 trials per athlete except vertical jumps