

Cat	Event	Performance	Wind	Athlete(s)	Venue & Competition	Date Recorded	Status
F11	4x50m Relay	35.50s		Morgan, Dale, Bull, Taylor	Yate	05/07/2012	Current
F11	600m	1m57.50s		Jenna Kelly	Yate	02/07/2009	Current
F11	75m	10.9s		Megan Dunsby	Yate	09/07/2017	Current=
F11	75m	10.9s		Phoebe Havard	Yate	09/07/2017	Current=
F11	Ball Throw	47.17m		Harriet Taylor	Yate	05/07/2012	Current
F11	High Jump	1.20m		Libby Hayett	Yate	12/05/2012	Current
F11	Howler Throw	28.03m		Arisa Burgess	Gloucester	01/09/2018	Current
F11	Long Jump	3.70m		Ellie Winfield	Yate	01/09/2007	Current
F11	Quad kids Points	238 points		Arisa Burgess	Yate	01/09/2018	Current
F11	Standing Long Jump	2.09m		Amy Nolan	Yate	01/07/2018	Current
F13	100m	12.8s		Victoria Scott	Brierley Hill, Womens Midland League	08/08/2004	Current
F13	1200m	3m51.6s		Emily Fitzhugh	Yate	04/06/2006	Current
F13	1500m	4m53.1s		Emily Fitzhugh	Exeter	25/07/2006	Current
F13	150m	19.4s		Victoria Scott	Yate, NYAL	18/07/2004	Current
F13	200m	27.6s		Yvette Westwood	Stoke Gifford	03/08/2011	Current
F13	200m Indoor	29.93s		Elinor Winfield	NIA Cardiff	08/02/2009	Current
F13	4x100m Relay	55.14s		?	Cardiff	15/07/2017	Current
F13	600m	1m50.9s		Ellie Leather	Stoke Gifford, Avon Open Meeting	03/08/2011	Current
F13	60m Indoor	8.51s		Emily Wright	Bath	11/12/2010	Current
F13	70m Hurdles (68)	11.4s		Willa Gibb	Yate	10/07/2016	Current
F13	75m	10.0s		Victoria Scott	Hereford, NYAL	27/06/2004	Current
F13	800m	2m20.7s		Hannah Curnock	Birmingham, Alexander Stadium	15/09/1990	Current
F13	Discus (0.75kg)	20.76m		Jade Ellans	Bath, Open Trophy Meeting	17/08/2003	Current
F13	High Jump	1.45m		Fiona Barkley	Bath	21/05/2016	Current
F13	Javelin (400gms)	23.98m		Annabel Gordon	Exeter, SW Champs & Inter Counties	18/07/2021	Current
F13	Long Jump	4.59m		Ella Staveley	Kip Keino, Bristol	18/07/2017	Current
F13	Long Jump Indoor	3.87m		Elinor Winfield	Bath Open	24/01/2009	Current
F13	Mile	5m24.1s		Emily Fitzhugh	Cheltenham	12/07/2006	Current
F13	Pole Vault	2.30m		Arisa Burgess	Yate	20/09/2020	Current
F13	Shot (2.72kg)	9.16m		Kelly Boulton	Bath, Avon Track & Field Lge	31/08/1997	Current
F15	100m	12.15s	1.0	Emily Wright	Leicester, Midland U15/U17/U20 Champs	14/07/2012	Current
F15	100m Indoor	12.50s		Emily Wright	Birmingham HPC, Open mmet	24/03/2012	Current
F15	1500m	4m34.98s		Emily Fitzhugh	Exeter	27/05/2008	Current
F15	200m	25.27s	1.5	Emily Wright	Leicester, Midland U15/U17/U20 Champs	15/07/2012	Current
F15	200m Indoor	26.69s		Karis Jones	NIA, MCAA Indoor Champs	20/01/2002	Current
F15	3000m	10m21.2s		Hannah Hobbs	Kip Keino	22/07/2014	Current

F15	300m	42.12s		Hayley Smith	Yate, Sprints & Hurdles Challenge	06/09/2008	Current
F15	4x100m Relay	51.2s		N Moyes, I Walkey, J Richards, P Havard	Yate, Avon T&F League	12/09/2021	Current
F15	4x300m Relay	3m04.1s		N.Dawson T.Spinney G.Horswell D.Jones	Yate	17/06/2018	Current
F15	60m Hurdles (76) Indoor	9.55s		Lyndsay Fox	Cosford	10/03/1991	Current
F15	60m Indoor	7.97s		Emily Wright	Birmingham	24/03/2012	Current
F15	75m Hurdles (76)	11.6s		Lyndsay Fox	Cannock	28/07/1991	Current=
F15	75m Hurdles (76)	11.6s		Willa Gibb	Cheltenham	18/07/2017	Current=
F15	800m	2m09.8s		Hannah Curnock	Crystal Palace	15/08/1992	Current
F15	800m Indoor	2m19.4s		Hannah Curnock	Cosford,Miuno Open,UK Record	16/11/1991	Current
F15	Discus (1kg)	31.05m		Zoe Derham	Yate	02/07/1995	Current
F15	Hammer (3kg)	39.38m		Ash Hillier-Smith	Manchester Sportcity, ESAA Champs	09/07/2022	Current
F15	High Jump	1.67m		Evie Moir	Bedford, BIGish Jumps & Throws Fest	02/06/2022	Current
F15	High Jump Indoor	1.62m		Evie Moir	Loughborough, Open Jumps	16/01/2022	Current
F15	Javelin (500gms)	29.56m		Annabel Gordon	Gloucester Summer Open	07/06/2022	Current
F15	Long Jump	5.55m		Jade Ellans	Birmingham	09/07/2005	Current=
F15	Long Jump	5.55m	2.0	Emily Wright	Aberdeen	11/08/2012	Current=
F15	Long Jump Indoor	5.56m		Emily Wright	Sheffield	24/11/2012	Current
F15	Mile	5m23.7s		Lucy Atkins	Cheltenham	11/07/2007	Current
F15	Pentathlon	2953 points		Jade Ellans	Yeovil	26/06/2005	Current
F15	Pole Vault	3.42m		Arisa Burgess	Bedford, EA U15/U17 Champs	27/08/2022	Current
F15	Pole Vault Indoor	3.11m		Arisa Burgess	Cardiff NIA, Vault Cardiff	13/03/2022	Current
F15	Shot (3kg)	9.09m		Leah Hale	Portsmouth	10/09/2016	Current
F15	Triple Jump	9.54m		Lucy Durham	Yate	13/09/2015	Current
F17	100m	12.00s		Yvette Westwood	Yate	12/04/2015	Current
F17	1500m	4m29.03s		Floren Scrafton	Sheffield	11/07/2009	Current
F17	1500m Indoor	4m40.33s		Hannah Alderson	Sheffield	23/02/2008	Current
F17	1500m S/C (76)	5m34.74s		Emily Whitaker	Exeter	16/06/2018	Current
F17	200m	24.8s		Yvette Westwood	Yate	25/04/2015	Current
F17	200m Indoor	24.72s		Emily Wright	Birmingham	02/02/2013	Current
F17	3000m	10m08.3s		Hannah Alderson	Stretford Manchester	07/06/2008	Current=
F17	3000m	10m08.3s		Hannah Alderson	Manchester	07/06/2008	Current=
F17	300m	40.7s		Hayley Smith	Yate, UK Young Athletes League Midland Premier	19/07/2009	Current
F17	300m Hurdles (76)	46.4s		Hattie Dent	Abingdon	20/05/2012	Current
F17	300m Indoor	42.64s		Carly Hillier	Birmighmam NIA, Midland Champs	06/02/2005	Current
F17	4x100m Relay	50.6s		K.Jones P.Hill J.Pinnock L.Kingscott	Brierly Hill	22/06/2003	Current
F17	4x300m Relay	2m56.9s		?	Yeovil	20/06/2010	Current
F17	60m Indoor	7.68s		Emily Wright	Birmingham	09/02/2013	Current

F17	800m	2m14.68s		Hannah Hobbs	Yate	11/06/2016	Current
F17	80m Hurdles (76)	11.9s		Hannah Jackson	Mansfield	24/06/2007	Current
F17	Discus (1kg)	34.28m		Zoe Derham	Windsor	27/04/1997	Current
F17	Hammer (3kg)	45.05m		Felicity Whiteway	Gloucester, Avon T&F league	01/08/2021	Current
F17	Hammer (4kg)	48.66m		Zoe Derham	Birmingham	16/08/1997	Current
F17	Heptathlon	3925 points		Hannah Stares	Stoke	17/09/1995	Current
F17	High Jump	1.67m		Fiona Barkley	Yeovil	22/04/2019	Current
F17	High Jump Indoor	1.60m		Rachel Spooner	Birmingham NIA, Midlands Open	19/02/2006	Current
F17	Javelin (500gms)	36.11m		Jodie Dale	Gloucester	12/08/2018	Current
F17	Long Jump	5.12m		Hannah Greenslade	Yate, McDonalds Girls lge	30/04/1995	Current
F17	Mile	4m56.51s		Floren Scrafton	Solihull	18/07/2009	Current
F17	Pole Vault	2.80m		Hannah Lewis	Yate	17/07/2019	Current
F17	Shot (3kg)	9.26m		Leah Hale	Bath	10/06/2017	Current
F17	Triple Jump	11.60m		Jade Ellans	Birmingham	28/05/2006	Current
F17	Triple Jump Indoor	11.48m		Jade Ellans	Birmingham NIA, MCAA Chmps	12/03/2006	Current
F20	100m	11.96s	1.3	Yvette Westwood	Bedford	17/06/2017	Current
F20	100m Hurdles (84)	14.60s		Joanna Thorn	Exeter, English Schools Champs	10/07/1998	Current
F20	1500m	4m27.36s		Hannah Hobbs	Watford	24/06/2017	Current
F20	1500m S/C (76)	7m59.60s		Lucy Conibear	Yeovil	24/07/2016	Current
F20	200m	24.68s	0.4	Yvette Westwood	Birmingham	08/07/2017	Current
F20	200m Indoor	24.60s		Yvette Westwood	Birmingham	11/02/2017	Current
F20	3000m	9m37.37s		Hannah Hobbs	Bristol	18/07/2017	Current
F20	400m	57.43s		Katie Robbins	Yate	04/08/2019	Current
F20	400m Hurdles (76)	65.11s		Hattie Dent	Yate	29/06/2014	Current
F20	400m Indoor	58.97s		Paula Hill	Birmingham NIA, MCAA Chmps	12/03/2006	Current
F20	4x100m Relay	51.3s		E.Peters K.Everall T.Wakeham J.Thorn	Stafford	18/06/2000	Current
F20	4x400m Relay	4m13.7s		A.Gear J.Farmer H.Holt K.Nunn	Leicester	25/04/1993	Current
F20	60m Hurdles (84) Indoor	9.46s		Emma Nye	NIA Birmingham, AAA's U20 Chmps	19/02/1995	Current=
F20	60m Hurdles (84) Indoor	9.46s		Stephanie Brooks	Sheffield, BUCS Indoor Chmps	18/02/2022	Current=
F20	60m Indoor	7.65s		Yvette Westwood	Cardiff	05/02/2017	Current
F20	800m	2m12.38s		Ellie Wallace	Solihull	13/05/2017	Current
F20	Discus (1kg)	26.86m		Kathryn Spray	Cheltenham	04/08/1991	Current
F20	Hammer (4kg)	52.33m		Zoe Derham	Newport	13/06/1999	Current
F20	Heptathlon	4278 points		Hannah Stares	Yeovil, SW Schools CE Champs	29/07/1997	Current
F20	High Jump	1.64m		Hannah Stares	Reading	27/07/1997	Current
F20	Javelin (600gms)	41.46m		Lisa Hardwick	?	11/06/1989	Current
F20	Long Jump	5.37m		Sara Barry	Stoke	28/04/2002	Current

F20	Mile	5m16.73s	Rhiannon Paton	Swansea, Welsh Athletics U20 International	17/08/2022	Current
F20	Pentathlon Indoor	2990	Stephanie Brooks	Sheffield, England Athletics CE Champs	08/01/2022	Current
F20	Pole Vault	2.82m	Hannah Lewis	Yate, National Athletic League	07/08/2021	Current
F20	Shot (4kg)	9.95m	Lisa Hardwick	?	01/01/1989	Current
F20	Triple Jump	11.92m	Sara Barry	Yate	21/04/2002	Current
F23	100m	12.14s	Yvette Westwood	Yate, Avon Open Series	12/07/2019	Current
F23	100m Hurdles (84)	14.2s	Victoria Williams	Yate	09/06/2002	Current
F23	200m	24.70s	0.9 Yvette Westwood	Yate, Midland League Div1	04/08/2019	Current
F23	400m	56.17s	Katie Robbins	Yate, NAL National One Round 4	20/08/2022	Current
F23	400m Hurdles (76)	62.9s	Hannah Stares	Wolverhampton	20/08/2000	Current
F23	60m Hurdles (84) Indoor	8.75s	Vicky Williams	Cardiff, AAA's Champs	03/02/2002	Current
F23	800m	2m09.19s	Ellie Leather	Irvine CA, USA	27/04/2019	Current
F23	Hammer (4kg)	42.45m	Elizabeth Seabrook	Cortland NY USA	19/04/2008	Current
F23	Heptathlon	4553 points	Hannah Stares	Enfield	30/07/2000	Current
F23	High Jump Indoor	1.66m	Hannah Stares	Birmingham	08/02/1998	Current
F23	Javelin (600gms)	40.71m	Jodie Dale	Portsmouth, NAL National 1 Div	04/06/2022	Current
F23	Long Jump	5.32m	Tania Adlam	Yate, Avon County Champs	17/05/1992	Current
F23	Long Jump Indoor	5.07m	Lyndsay Fox	Birmingham NIA, Midland Champs	25/02/1996	Current
F23	Pole Vault	2.80m	Deborah Martin	Wolverhampton	20/08/2000	Current
F23	Pole Vault Indoor	2.50m	Deborah Martin	Birmingham, NIA	08/01/2000	Current
F23	Triple Jump	12.39m	Sara Barry	Cardiff	29/08/2005	Current
F23	Triple Jump Indoor	12.07m	Sara Barry	Sheffield, BUSA Champs	27/02/2003	Current
F34	100m	12.1s	Tania Adlam	Yate	16/05/1993	Current
F34	100m Hurdles (84)	14.26s	Joanna Thorn	Loughborough, Loughborough International	22/05/2005	Current
F34	1500m	4m16.73s	Ellie Leather	Lexington KY, USA	01/05/2021	Current
F34	200m	24.9s	Sian Darby	Whitchurch, Avon Track & Field	11/07/1999	Current
F34	200m Indoor	25.61s	Sian Darby	NIA, Birmingham Open	27/01/2002	Current
F34	3000m	9m42.4s	Floren Scrafton	Bilbao, Spain	24/06/2017	Current
F34	3000m Indoor	9m30.10s	Ellie Leather	Lexington, USA	15/01/2022	Current
F34	400m	58.2s	Sian Darby	Yate	08/08/1999	Current
F34	400m Hurdles (76)	68.1s	Deborah Sutherland	Cheltenham, Jubilee Cup	01/06/1997	Current
F34	400m Indoor	57.23s	Hannah Stares	Birmingham Games, NIA	13/01/2001	Current
F34	4x100m Relay	49.6s	V.Williams J.Thorn H.Stares S.Adlam	?	25/06/2000	Current
F34	4x400m Relay	4m09.3s	K.Jones P.Hill J.Binks C.Hillier	Newport	21/08/2005	Current
F34	5000m	16m40.28s	Ellie Leather	Cincinnati, OH, USA	03/04/2021	Current
F34	60m Hurdles (84) Indoor	8.74s	Joanna Thorn	Birmingham NIA, Birmingham Games, Gold medal	26/02/2006	Current
F34	60m Indoor	7.62s	Charnia Weightman	Birmingham	08/02/2009	Current

F34	800m	2m07.37s		Ellie Leather	Lexington KY USA, Kentucky Invitational	01/05/2021	Current
<b>F34</b>	<b>800m Indoor</b>	<b>2m05.32s</b>		<b>Ellie Leather</b>	<b>Nashville TN USA</b>	<b>12/05/2022</b>	<b>Current</b>
F34	Discus (1kg)	44.64m		Fay Champion	Southampton	06/08/1995	Current
F34	Hammer (4kg)	37.04m		Fay Champion	Swindon, GRE Cup 1st rnd	28/04/1996	Current
F34	Heptathlon	4306 points		Fay Champion	Stoke, MCAA Comb.Event Champs	22/08/1993	Current
F34	High Jump	1.70m		Fay Champion	Cheltenham	30/04/1995	Current
F34	Javelin (600gms)	33.08m		Joanne Smerdon	Tamworth, Midland League	07/07/2019	Current
F34	Long Jump	5.60m		Tania Findlay	Bristol	01/07/1996	Current
F34	Mile Indoor	4m41.83s		Ellie Leather	Nashville TN USA	12/03/2021	Current
F34	Pentathlon Indoor	3475 points		Hannah Stares	Birmingham NIA, AAA/MCAA Chmps	21/01/2001	Current
F34	Shot (4kg)	13.30m		Fay Champion	Wiltshire	13/05/1995	Current
F34	Triple Jump	12.38m	1.4	Sara Barry	Bedford, CAU Inter Counties	28/05/2006	Current
F34	Triple Jump Indoor	12.39m		Sara Barry	Cardiff	20/01/2007	Current
F35	Discus (1kg)	16.99m		Sam Hillier-Smith	Yate	30/07/2017	Current
F35	Hammer (4kg)	16.44m		Maria Townsend	Yate	10/05/2015	Current
F35	Javelin (600gms)	27.67m		Maria Townsend	Rugby	05/06/2016	Current
F35	Long Jump	3.72m		Maria Townsend	Swindon	23/09/2017	Current
F35	Shot (4kg)	6.97m		Maria Townsend	Swindon	23/09/2017	Current
F35	Weight (20lb/9.08kg)	4.99m		Sam Hillier-Smith	Yate	26/09/2020	Current
F40	100m	15.9s		Claire Williams	Gloucester	09/06/2019	Current
F40	1500m	5m57.0s		Katie Matthews	Yate	01/07/2018	Current
F40	3000m Indoor	9m52.84s		Pat Gallagher	Cosford	09/01/1987	Current
<b>F40</b>	<b>800m</b>	<b>2m38.85s</b>		<b>Vicky Tester</b>	<b>Yate, National Athletic League, National One</b>	<b>20/08/2022</b>	<b>Current</b>
F40	Discus (1kg)	18.74m		Annie Griffin	Yate	09/07/2006	Current
<b>F40</b>	<b>Hammer (4kg)</b>	<b>25.74m</b>		<b>Sam Hillier-Smith</b>	<b>Yate, Avon County Champs</b>	<b>15/05/2022</b>	<b>Current</b>
F40	Javelin (600gms)	19.37m		Annie Griffin	Yate	09/07/2006	Current
F40	Shot (4kg)	6.34m		Annie Griffin	Yate	09/07/2006	Current
F45	100m	16.80s	1.8	Tracy Watson	Exeter	28/05/2019	Current
F45	1500m	4m40.97s		Patricia Gallagher	Cardiff	01/06/1991	Current
F45	200m	38.9s		Tracey John	Gloucester	09/09/2018	Current
F45	3000m	10m00.05s		Patricia Gallagher	?	01/10/1995	Current
F45	Discus (1kg)	20.35m		Tracy Watson	Cheltenham, Brewer Memorial Games	18/09/2021	Current
F45	Hammer (4kg)	24.57m		Karen Jones	Yate	14/05/2011	Current
F45	Javelin (600gms)	14.13m		Tracy Watson	Cheltenham	12/05/2019	Current
F45	Javelin (600gms) (T54/F57)	10.07m		Joanne Blinman	Cheltenham	02/05/2016	Current
F45	Long Jump	3.06m		Claire Williams	Gloucester	14/07/2019	Current
F45	Shot (4kg)	6.94m		Karen Jones	Yate	31/07/2011	Current

F45	Shot (4kg) (T54/F57)	4.58m	Joanne Blinman	Cheltenham	02/05/2016	Current
F50	100m	16.5s	Karen Jones	Gloucester	12/07/2015	Current
F50	1500m	4m49.86s	Patricia Gallagher	Solihul	05/09/1998	Current
F50	1500m Indoor	4m51.6s	Patricia Gallagher	NIA Birmingham	08/02/1998	Current
F50	3000m Indoor	10m17.53s	Patricia Gallagher	Birmingham	04/01/1997	Current
F50	5000m	18m14.5s	Patricia Gallagher	Cwmbran	10/06/1998	Current
F50	800m	2m22.0s	Patricia Gallagher	Yate	15/06/1997	Current
F50	Discus (1kg)	14.56m	Karen Jones	Yate	05/05/2012	Current
F50	Hammer (3kg)	34.92m	Karen Jones	Cheltenham	23/07/2014	Current
F50	Shot (3kg)	7.31m	Karen Jones	Yate	25/05/2013	Current
F50	Weight (16lb/7.26kg)	10.78m	Karen Jones	Bath	03/08/2014	Current
F55	100m	16.6s	Karen Jones	Yate	11/09/2016	Current
F55	1500m	5m20.44s	Patricia Gallagher	Potsdam, GER	19/08/2002	Current
F55	1500m Indoor	5m11.35s	Patricia Gallagher	Bordeaux, European Vets Indoor Chmps	11/03/2001	Current
F55	3000m	11m05.3s	Patricia Gallagher	Derby	23/09/2001	Current
F55	3000m Indoor	11m06.13s	Patricia Gallagher	Bordeaux, European Vets Indoor Chmps	08/03/2001	Current
F55	5000m	20m14.6s	Patricia Gallagher	Cardiff	30/06/2002	Current
F55	800m Indoor	2m37.9s	Patricia Gallagher	Cardiff	22/02/2004	Current
F55	Discus (1kg)	17.57m	Karen Jones	Yate	04/09/2019	Current
F55	Hammer (3kg)	37.69m	Karen Jones	Bath	27/06/2018	Current
F55	Javelin (500gms)	12.45m	Karen Jones	Yate	01/07/2018	Current
F55	Shot (3kg)	7.15m	Karen Jones	Yate	04/09/2019	Current
F55	Weight (16lb/7.26kg)	11.84m	Karen Jones	Birmingham	24/06/2017	Current
F60	100m	17.0s	Karen Jones	Yate, Avon T&F	12/09/2021	Current
F60	1500m	5m37.3s	Patricia Gallagher	Exeter	15/05/2008	Current
F60	1500m Indoor	5m22.50s	Patricia Gallagher	Cardiff	18/02/2006	Current
F60	3000m Indoor	11m35.90s	Patricia Gallagher	Cardiff	28/01/2006	Current
F60	800m	2m45.2s	Patricia Gallagher	Exeter	15/05/2008	Current
F60	800m Indoor	2m40.28s	Patricia Gallagher	Cardiff	05/03/2006	Current
F60	Discus (1kg)	16.95m	Karen Jones	Swansea, Welsh Masters Champs	26/09/2021	Current
F60	Hammer (3kg)	37.47m	Karen Jones	Derby, BMAF Championships	20/08/2021	Current
F60	Shot (3kg)	6.78m	Karen Jones	Yate, Closed to Club	16/05/2021	Current
F60	Weight (12lb/5.45kg)	13.85m	Karen Jones	Swansea, Welsh Masters Champs	26/09/2021	Current
F65	100m	18.19s	Patricia Gallagher	Solihul	19/07/2015	Current
F65	1500m	5m45.05s	Patricia Gallagher	Exeter, SW Masters Champs	19/06/2011	Current
F65	400m Indoor	80.00s	Patricia Gallagher	Sheffield	05/02/2012	Current
F65	5000m	22m37.63s	Patricia Gallagher	Sacramento USA	08/07/2011	Current

F65	60m Indoor	11.45s	Patricia Gallagher	Lee Valley	01/03/2015	Current
F65	800m	2m50.63s	Patricia Gallagher	Birmingham, BMAF Champs	26/06/2011	Current
F70	1500m	6m44.27s	Patricia Gallagher	Perth, Aus	05/11/2016	Current
F70	3000m Indoor	15m04.74s	Patricia Gallagher	Ancona ITA	30/03/2016	Current
F70	800m Indoor	3m16.89s	Patricia Gallagher	Lee Valley	13/03/2016	Current
M11	4x50m Relay	33.80s	Jame, Littleton, James, Hillier	(Unverified)	01/07/2012	Current
M11	600m	1m49.9s	Adam Nolan	?	01/05/2015	Current
M11	75m	10.0s	Regan-Jack Williams	Yate	01/07/2019	Current
M11	Ball Throw	39.78m	Daniel Brooks	Yate	01/07/2005	Current
M11	High Jump	1.36m	Luke Ball	Yate	21/07/2015	Current
M11	Howler Throw	41.58m	Jacob Mead	Yate, Avon T&F Quadkids	10/07/2022	Current
M11	Long Jump	4.19m	Robert Dakin	Yate	11/07/2010	Current
M11	Quad kids Points	259 points	Adam Nolan	?	01/05/2015	Current
M11	Standing Long Jump	2.10m	Luke Ball	Yate	01/09/2015	Current
M13	100m	12.6s	Daniel Brooks	Yeovil	01/06/2013	Current
M13	1500m	4m39.3s	Steve Higton	?	01/01/1984	Current
M13	200m	26.1s	Thomas Scammell	Yate, Avon T&F	09/08/2009	Current
M13	200m Indoor	31.07s	Tom Pontin	Cardiff, Indoor Open	06/01/2007	Current
M13	4x100m Relay	53.7s	T.Scammell O.Mehew B.Holbrook C.Blake	Yate	09/08/2009	Current
M13	60m	8.31s	Luke Ball	Yate	09/04/2017	Current
M13	60m Hurdles (76) Indoor	9.9s	Luke Ball	Birmingham	19/03/2017	Current
M13	60m Indoor	8.32s	Thomas Scammell	Bath Indoor Open	21/02/2009	Current
M13	75m	10.5s	Daniel Brooks	Cheltenham	04/06/2012	Current
M13	75m Hurdles (76)	12.27s	Robert Phillips	Exeter	03/08/2008	Current
M13	800m	2m18.2s	Seamus Robinson	Yate	13/08/2017	Current
M13	Discus (1kg)	26.62m	Charles Beresford	?	01/01/1985	Current
M13	High Jump	1.65m	Luke Ball	Bath	10/06/2017	Current
M13	Javelin (400gms)	35.30m	Owen Boon	Yeovil, Avon County Champs	21/08/2021	Current
M13	Long Jump	5.21m	Luke Ball	Cardiff	15/07/2017	Current
M13	Mile	5m39.5s	Andrew Savery	Yate	10/08/1994	Current
M13	Pentathlon	2025 points	Luke Ball	Exeter	24/09/2017	Current
M13	Pole Vault	2.00m	Leon Walsh	Yate	15/09/2019	Current
M13	Shot (3.25kg)	9.65m	Jack Griffin	Yate, NYAL	03/06/2007	Current
M13	Shot (3kg)	8.89m	Ciaran Merrett	Yate, UKYDL Lower Midlands South West DivA	08/05/2022	Current
M15	100m	11.2s	Ryan Scott	Yate	02/09/2001	Current
M15	1500m	4m14.8s	Sam Dagleish	Sheffield	17/08/2003	Current
M15	1500m Indoor	5m10.0s	Daniel Studely	Cardiff Indoor Open	02/01/2005	Current

M15 200m	22.91s		Ryan Scott	u/k	07/07/2001	Current
M15 200m Indoor	24.48s		Greg Smith	Birmingham NIA, AAA's U20 chmps	24/02/2001	Current
M15 3000m	9m17.3s		Richard Cranswick	u/k	01/01/1985	Current
M15 300m	37.8s		Jack Holbrook	Yate	13/06/2015	Current
M15 4x100m Relay	47.7s		Avon Track & Field	Yate, Avon T&F	15/07/2007	Current
M15 4x300m Relay	2m40.97s		Burgess Mann Armstrong Hillier	?	15/07/2017	Current
M15 60m	7.19s	-0.3	Daniel Brooks	Yate	06/09/2015	Current
M15 60m Hurdles (84) Indoor	9.00s		Jacob Spence	Lee Valley, SEAA Champs	21/01/2012	Current
M15 60m Indoor	7.42s		Ollie Haines	Birmingham NIA, MCAA Champs	07/02/2009	Current
M15 800m	2m00.71s		Abdi Hasan	Gateshead	08/07/2016	Current
M15 80m Hurdles (84)	11.21s		Jacob Spence	Gateshead	06/07/2012	Current
M15 Discus (1.25kg)	33.82m		Neil Hayne	u/k	01/01/1983	Current
M15 Hammer (4kg)	53.04m		Matthew Spicer	Hull	13/07/1985	Current
M15 High Jump	1.96m		Luke Ball	Yate	15/09/2019	Current
M15 High Jump Indoor	1.83m		Luke Ball	Sheffield, EA U15/U17/U20 Champs	23/02/2019	Current
M15 Javelin (600gms)	49.73m		Theo Spurrell	Birmingham	12/07/2019	Current
M15 Long Jump	6.02m	1.0	Adam McBraida	Exeter, ESAA SW Schools Combined Events Champs	23/06/2007	Current
M15 Long Jump Indoor	5.42m		Luke Ball	Sheffield, EA U15/U17 Combined Events Champs	11/03/2018	Current
M15 Mile	4m50.1s		Akira Bees	Cheltenham, Mid Summer Open	07/07/2021	Current
M15 Pentathlon	2838 points		Luke Ball	Exeter	21/09/2019	Current
M15 Pole Vault	3.10m		Adam Nolan	Yate	23/06/2019	Current
M15 Pole Vault Indoor	2.30m		Mathew Pilborough	Birmingham NIA	10/01/1993	Current
M15 Shot (4kg)	12.86m		Neil Hayne	u/k	01/01/1983	Current
M15 Triple Jump	12.39m		Harry Weston	Exeter	15/06/2013	Current
M15 Weight (16lb/7.26kg)	16.68m		James Viner	Swindon	01/09/2018	Current
M17 100m	10.7s		Ryan Scott	Yate	21/04/2002	Current
M17 100m Hurdles (91)	13.24s	1.1	Jacob Spence	Birmingham	07/09/2014	Current
M17 1500m	3m58.2s		Seamus Robinson	Cheltenham, Brewer Games	18/09/2021	Current
M17 1500m Indoor	4m25.0s		Harry Webb	Cardiff Indoor Open	02/01/2005	Current
M17 200m	22.17s	-0.5	Ryan Scott	Nottingham	13/07/2002	Current
M17 200m Indoor	22.10s		Ryan Scott	NIA Birmingham, MCAA U20 chmps	02/02/2003	Current
M17 3000m	8m46.65s		Seamus Robinson	Manchester Sportcity, ESAA Champs	10/07/2021	Current
M17 400m	49.53s		Joshua Evans	Gateshead, Aviva English Schools' Championships	06/07/2012	Current
M17 400m Hurdles (84)	55.42s		Robert Phillips	Gateshead	07/07/2012	Current
M17 400m Indoor	50.04s		Joshua Evans	NIA, Birmingham Games	05/02/2012	Current
M17 4x100m Relay	44.83s		R.Phillips B.Watt L.Lorenzi J.Evans	Exeter	24/06/2012	Current
M17 4x400m Relay	3m32.18s		B.Watt R.Phillips M.Cottam J.Evans	Cardiff	17/06/2012	Current



M17	60m Hurdles (91) Indoor	8.58s		Jacob Spence	Lee Valley	02/02/2013	Current
M17	60m Indoor	7.23s		Daniel Brooks	Cardiff	10/01/2016	Current
M17	800m	1m55.1s		Matthew Thomson	Watford	05/08/1998	Current
M17	Decathlon	4237 points		Liam Hillier	Manchester	05/08/2018	Current
<b>M17</b>	<b>Discus (1.5kg)</b>	<b>44.07m</b>		<b>Louis Tutcher</b>	<b>Bedford, EA U15/U17 Champs</b>	<b>27/08/2022</b>	<b>Current</b>
M17	Hammer (5kg)	69.17m		Owen Merrett	Lee Valley	15/08/2020	Current
M17	High Jump	2.10m		Luke Ball	Yate, NAL Premier West	28/08/2021	Current
M17	Javelin (700gms)	69.59m		Theo Spurrell	Derby, SIAB Schools Home International	25/09/2021	Current
M17	Long Jump	6.94m		Garry Slade	Sutton Coldfield	31/08/1985	Current
M17	Long Jump Indoor	6.49m		Garry Slade	Cosford, Arrow Open	08/12/1984	Current
M17	Mile	4m40.4s		Matt Parker	Cheltenham	11/07/2007	Current
M17	Octathlon	4709 points		Adam McBraida	Exeter	28/06/2009	Current
M17	Pentathlon	2617 points		Garry Slade	Exeter	27/07/1985	Current
M17	Pole Vault	3.70m		Liam Hillier	Birmingham	16/06/2019	Current
M17	Shot (5kg)	13.04m		Graeme Watts	Unknown	01/01/1984	Current
M17	Triple Jump	13.16m		Garry Slade	Wolverhampton	23/06/1985	Current
M17	Triple Jump Indoor	11.06m		Will Worster	Birmingham NIA, MCAA Champs	12/03/2006	Current
M17	Weight (20lb/9.08kg)	18.42m		James Viner	Yate	01/09/2020	Current
M20	100m	10.44s		Ryan Scott	Bedford	28/05/2006	Current
M20	110m Hurdles (99)	14.25s	-1.4	Jacob Spence	Castellon, ESP	17/09/2016	Current
M20	1500m	3m48.5s		James Thie	Swindon	07/08/1997	Current
<b>M20</b>	<b>2000m S/C (91)</b>	<b>6m11.61s</b>		<b>Freddie Cooper</b>	<b>Manchester Sportcity, ESAA Champs</b>	<b>09/07/2022</b>	<b>Current</b>
M20	200m	21.23s		Ryan Scott	Unknown (Unverified)	14/06/2004	Current
M20	200m Indoor	21.9s		Ryan Scott	Birmingham NIA, Midland Champs	06/03/2005	Current
M20	3000m	8m24.47s		James Thie	Birmingham	16/08/1997	Current
<b>M20</b>	<b>3000m S/C (91)</b>	<b>9m58.4s</b>		<b>Freddie Cooper</b>	<b>Wolverhampton, Midland Lge Div2</b>	<b>05/06/2022</b>	<b>Current</b>
M20	400m	49.1s		Josh Evans	Abingdon, YDL Upper Midland Premier 1	01/06/2014	Current
M20	400m Hurdles (91)	54.9s		Robert Phillips	Gateshead	28/07/2013	Current
M20	400m Indoor	52.68s		Alistair Robbins	NIA Birmingham Games	23/02/2003	Current
M20	4x100m Relay	43.85s		R.Phillips L.Lorenzi T.Pontin J.Evans	Cardiff	28/07/2013	Current
M20	4x400m Relay	3m26.75s		J.Evans K.Lee T.Pontin G.White	Yate, NJL as Team Avon	24/06/2012	Current
M20	5000m	15m55.57s		Joe Connors	Exeter	20/08/2017	Current
M20	60m Hurdles (99) Indoor	8.18s		Jacob Spence	Sheffield	01/03/2015	Current
M20	60m Indoor	6.87s		Ryan Scott	Birmingham	19/02/2005	Current
M20	800m	1m52.21s		Matthew Thomson	Watford, BMC Grand Prix	22/07/2000	Current
M20	800m Indoor	1m57.17s		Matthew Lavis	Birmingham NIA, AAA's U20 Champs	24/02/2001	Current
M20	Decathlon	4903 points		Liam Hillier	Bedford, ESAA Combined Events Champs	19/09/2021	Current

M20	Discus (1.75kg)	36.98m		Charles Beresford	Yate	28/07/1991	Current
M20	Hammer (6.25kg)	63.18m		Matthew Spicer	Haringey	12/08/1990	Current
M20	Hammer (6kg)	70.50m		Owen Merrett	Santiago de Cali, Columbia, World U20 Champs	02/08/2022	Current
M20	High Jump	2.12m		Luke Ball	Manchester Sportcity, ESAA Champs	09/07/2022	Current
M20	High Jump Indoor	2.05m		Luke Ball	Hustopece CZE	05/02/2022	Current
M20	Javelin (800gms)	58.37m		Theo Spurrell	Cardiff, Welsh Senior Champs	12/06/2022	Current
M20	Long Jump	7.47m		Garry Slade	Birmingham	11/07/1987	Current
M20	Long Jump Indoor	7.32m		Garry Slade	Cosford, AAA's U20 Chmps (Gold)	21/03/1987	Current
M20	Mile	4m11.7s		James Thie	Bath	18/06/1997	Current
M20	Pole Vault	4.30m		Matthew Pilborough	Yate	15/08/1998	Current
M20	Shot (6.25kg)	10.94m		Mathew Spicer	*	01/01/1990	Current
M20	Shot (6kg)	11.87m		Toby Conibear	Cheltenham, YDL Upper	26/06/2022	Current
M20	Triple Jump	14.12m		Jack Joynson	Exeter	17/06/2017	Current
M20	Triple Jump Indoor	12.64m		Oliver Hemsley	NIA, Birmingham, Midland Champs	27/01/2002	Current
M20	Weight (25lb/11.34kg)	7.91m		Liam Hillier	Yate	26/09/2020	Current
M23	10000m	32m47.8s		Malcolm White	Solihull, Midland cup final	01/10/1987	Current
M23	100m	10.20s	1.2	Ryan Scott	Loughborough, LEAP	17/07/2008	Current
M23	200m	21.44s	1.0	Ryan Scott	Irvine CA USA, Steve Scott Invite	02/05/2009	Current
M23	3000m	8m23.34s		Martin Palmer	Solihull	17/07/1999	Current
M23	3000m Indoor	8m43.2s		Michael Shackcloth	Birmingham Indoor Arena	08/02/1992	Current
M23	400m	48.37s		Josh Snook	Sioux Falls SD USA	03/05/2019	Current
M23	5000m	14m11.51s		Martin Palmer	Solihull	05/08/1998	Current
M23	60m Indoor	6.59s		Ryan Scott	Athens, GRE	13/02/2008	Current
M23	Half Marathon	71m53s		Malcolm White	Stroud	25/10/1987	Current
M23	Heptathlon Indoor	3398		Liam Hillier	Sheffield, England Athletics CE Champs	09/01/2022	Current
M23	High Jump	2.17m		Adam Brooks	Yate, NAL Premier West	28/08/2021	Current
M23	Long Jump	7.69m		Garry Slade	Loughborough	01/06/1988	Current
M23	Triple Jump	14.37m		Matthew Muggeridge	Yate	15/08/1998	Current
M34	10000m	31m04.5s		Rhodri Jones	Newport	11/06/2000	Current
M34	100m	10.77s	2.0	Ethan Steele	Yate, Midland League Div3	17/07/2022	Current
M34	110m Hurdles (106)	16.4s		Graham Howell	Bournemouth	29/05/1988	Current
M34	1500m	3m55.38s		Julian Emery	Solihull	14/07/1999	Current
M34	200m	21.38s	0.6	Ben Wells	Yate, NAL match	06/06/2021	Current
M34	200m Indoor	21.78s		Greg Smith	Birmingham NIA, MCAA Champs	11/03/2006	Current
M34	3000m	8m29.0s		Mike Shackcloth	Yate, Avon County vs Regional U23's	21/08/1994	Current
M34	3000m S/C (91)	9m19.8s		Mike Shackcloth	Yate	20/08/1994	Current
M34	400m	48.43s		Ben Wells	Milton Keynes, NAL National One Div.	07/08/2022	Current

M34	400m Hurdles (91)	58.1s	Matthew Muggeridge	Yate, Avon T&F	09/08/2009	Current
M34	400m Indoor	49.07s	Ben Wells	Sheffield	05/02/2022	Current
M34	4x100m Relay	43.29s	M.Elliott B.Wells I.Cory D.Brooks	Yate, NAL match	03/07/2021	Current
M34	4x400m Relay	3m26.3s	K.Blandford G.Howell M.Wassell M.Kloiber	Cheltenham, MCAA relay chmps, Bronze	22/07/1989	Current
M34	5000m	14m51.2s	Rhodri Jones	Whitchurch, Mens ML	28/06/1997	Current
M34	800m	1m54.9s	Graham Scott	?	01/01/1992	Current
M34	800m Indoor	1m57.39s	Kane Lee	Cardiff	30/01/2022	Current
M34	Decathlon	5014 points	Daniel White	Exeter	27/09/2009	Current
M34	Discus (2kg)	41.36m	Andy Nichol	?	01/01/1984	Current
M34	Half Marathon	66m27s	Rhodri Jones	Bristol, BUPA Half Marathon	08/10/2000	Current
M34	Hammer (7.26kg)	58.42m	Matthew Spicer	Yate	01/05/1989	Current
M34	High Jump	2.16m	Adam Brooks	Solihull, Midland League D3	13/08/2022	Current
M34	High Jump Indoor	2.10m	Adam Brooks	Hustopece CZE	05/02/2022	Current
M34	Javelin (800gms)	59.98m	Alan Holloway	Birmingham, MCAA Champs	03/08/1997	Current
M34	Long Jump	6.19m	Matthew Muggeridge	Corby, Mens Midland League D3	05/08/2008	Current
M34	Marathon	2h19m10s	Rhodri Jones	Frankfurt, Germany	29/10/2000	Current
M34	Mile	4m19.8s	Richard Drage	Whitchurch	14/09/1988	Current
M34	Pentathlon	2658 points	Graham Howell	Yate	29/05/1993	Current
M34	Pole Vault	3.60m	Alan Holloway	Yate	16/08/1997	Current
M34	Shot (7.26kg)	13.14m	Andy Nichol	?	01/01/1984	Current
M34	Triple Jump	13.11m	Matthew Muggeridge	Leamington, Midland League	06/05/2006	Current
M34	Weight (35lb/15.88kg)	11.12m	Reece Straker	Yate	26/09/2020	Current
M35	100m	11.50s	Matthew Muggeridge	Birmingham University	09/06/2013	Current
M35	1500m	4m09.13s	Anthony Glover	Exeter	27/08/2013	Current
M35	200m	23.26s	0.7 Matthew Muggeridge	Derby, BMAF Championships	22/07/2012	Current
M35	3000m	9m09.2s	Richard Drage	, Mens Midland League	20/08/1994	Current
M35	400m	51.60s	Matthew Muggeridge	Derby, BMAF Championships	21/07/2012	Current
M35	400m Hurdles (91)	59.2s	Graham Howell	Yate, Avon T&F League	05/09/1993	Current
M35	400m Indoor	52.48s	Matthew Muggeridge	Cardiff UWIC, Grand Prix Open	08/01/2012	Current
M35	60m Indoor	7.24s	Christopher Hill	Eltham, Sutcliffe Indoor 60's	06/03/2022	Current
M35	800m	2m01.4s	Anthony Glover	Kip Keino	16/07/2013	Current
M35	Decathlon	4726 points	Graham Howell	Stoke, MCAA CE Champs	06/08/1995	Current
M35	Discus (2kg)	34.22m	Chris Bevan	Yate	11/07/2010	Current
M35	Hammer (7.26kg)	33.30m	Daniel Williams	Yate	07/06/2014	Current
M35	High Jump	1.65m	Daniel White	Yate	05/05/2012	Current
M35	Javelin (800gms)	45.79m	Matthew Muggeridge	Yate	18/05/2013	Current
M35	Long Jump	6.21m	Matthew Muggeridge	Stoke	07/07/2013	Current

M35 Mile	4m37.0s		Richard Drage	Yate, Grand Prix Open Meet	10/08/1994	Current
M35 Pole Vault	2.70m		Daniel White	Yate	05/05/2012	Current
M35 Shot (7.26Kg)	8.91m		Daniel White	Yate, Midland Lge Div3	05/05/2012	Current
M35 Triple Jump	12.81m		Matthew Muggeridge	Loughborough	06/07/2014	Current
M40 100m	11.8s		Matthew Muggeridge	Yate	09/07/2017	Current
M40 110m Hurdles (99)	16.6s		Graham Howell	Exeter, SW Vets Champs	20/06/1999	Current
M40 1500m	4m16.2s		Anthony Glover	Yate	25/04/2015	Current
M40 200m	24.06s	1.4	Matthew Muggeridge	Aarhus,DEN	03/08/2017	Current
M40 3000m	10m09.9s		Tony Jefferies	Melksham	05/08/1984	Current
M40 3000m S/C (91)	10m48.8s		Malcolm White	Brierly Hill	02/06/2007	Current
M40 400m	51.66s		Alan Clark	Cheltenham	01/01/1992	Current
M40 400m Hurdles (91)	59.9s		Graham Howell	Nuneaton, Mens Mid.Lge D4	17/07/1999	Current
M40 5000m	17m26.9s		Tony Jefferies	Bristol	06/05/1984	Current
M40 800m	2m07.08s		Anthony Glover	Yate	13/08/2017	Current
M40 Decathlon	5739 points		Graham Howell	Sheffield, BVAF CE Champs, Silver medal	12/09/1999	Current
M40 Discus (2kg)	39.71m		Chris Bevan	Manchester Sportcity	14/08/2013	Current
M40 Hammer (7.26kg)	40.53m		Matthew Spicer	Yate	15/05/2016	Current
M40 High Jump	1.59m		Graham Howell	Sheffield, BVAF CE Champs	11/09/1999	Current
M40 Javelin (800gms)	55.42m		Alan Holloway	Yate	05/05/2007	Current
M40 Long Jump	5.84m		Graham Howell	Exeter, SW Vets Champs	20/06/1999	Current
M40 Mile	5m25.5s		Ray Maddock	Yate, Grand Prix Open Meet	10/08/1994	Current
M40 Pentathlon	2977 points		Graham Howell	Solihull, BVAF Pentathlon Champs Gold medal	04/07/1999	Current
M40 Shot (7.26kg)	12.25m		Chris Bevan	Yate	21/08/2011	Current
M40 Triple Jump	12.76m		Matthew Muggeridge	Yate	16/07/2017	Current
M45 10000m	37m48.0s		Tony Jefferies	GRE Cup, Yeovil	07/05/1989	Current
M45 100m	12.2s	0.6	Matthew Muggeridge	Cheltenham, ML Div3	22/05/2022	Current
M45 1500m	4m14.3s		Anthony Glover	Cheltenham, Midland League	11/07/2021	Current
M45 200m	24.99s		Matthew Muggeridge	Milton Keynes, NAL National One Div.	07/05/2022	Current
M45 3000m	9m28.25s		Anthony Glover	Yate, National Athletic League	06/06/2021	Current
M45 3000m S/C (91)	11m43.3s		Malcolm White	Birmingham	09/06/2013	Current
M45 400m	56.11s		Matthew Muggeridge	Yate, National Athletic League, National One	20/08/2022	Current
M45 400m Hurdles (91)	74.5s		Alan Burgess	Gloucester	14/07/2019	Current
M45 5000m	17m33.9s		Tony Jefferies	Burton	09/05/1992	Current
M45 800m	2m05.2s		Anthony Glover	Gloucester, Avon T&F league	01/08/2021	Current
M45 Discus (2kg)	35.76m		Alan Holloway	Yate	05/05/2007	Current
M45 Hammer (7.26kg)	41.21m		Matthew Spicer	Yate	06/05/2018	Current
M45 Javelin (800gms)	40.51m		Matthew Muggeridge	Milton Keynes, NAL National One Div.	07/05/2022	Current

M45	Long Jump	5.35m		Matthew Muggeridge	Milton Keynes, NAL National One Div.	07/05/2022	Current
M45	Pole Vault	3.81m		Alan Holloway	Yate	17/06/2007	Current
M45	Shot (7.26kg)	10.16m		Pete Jackson	Birmingham Uni, Midland League	02/05/2009	Current
M45	Triple Jump	12.17m		Matthew Muggeridge	Yate, National Athletic League, National One	20/08/2022	Current
M45	Weight (35lb/15.88kg)	9.50m		Matthew Spicer	Yate	26/09/2020	Current
M50	100m	13.22s		Malcolm Cowton	Yate	17/04/2011	Current
M50	1500m	5m09.8s		Tony Jefferies	Charnwood, Mens Mid.Lge.	09/06/1996	Current
M50	200m	25.9s		Malcolm Cowton	Street	29/05/2011	Current
M50	3000m	10m40.7s		Tony Jefferies	Sutton Coldfield, Mens Midland Lge	03/08/2002	Current
M50	3000m S/C (91)	13m37.5s		Graham Howell	Brierley Hill, Mens Midland Lge	01/08/2010	Current
M50	400m	59.6s		Malcolm Cowton	Cheltenham	21/07/2010	Current
M50	400m Hurdles (84)	69.60s		Alan Burgess	Yate	23/08/2020	Current
M50	400m Indoor	57.25s		Malcolm Cowton	Gent,BEL	19/03/2011	Current
M50	5000m	17m59.6s		Tony Jefferies	Yate	01/09/1996	Current
M50	800m	2m16.53s		Malcolm Cowton	Exeter	25/06/2013	Current
M50	Discus (1.5kg)	31.11m		Aaron Sloan	BMAF Champs, Lee Valley	06/03/2022	Current
M50	Hammer (6kg)	41.38m		Matthew Spicer	Hull, Hammer Circle Reunion	10/10/2021	Current
M50	Javelin (700gms)	34.18m		Aaron Sloan	BMAF Champs, Lee Valley	06/03/2022	Current
M50	Pole Vault	3.70m		Alan Holloway	Stoke on Trent	07/05/2011	Current
M50	Shot (6kg)	10.91m		Aaron Sloan	BMAF Champs, Lee Valley Indoor	05/03/2022	Current
M50	Weight (25lb/11.34kg)	13.60m		Matthew Spicer	Hull, Hammer Circle Reunion	10/10/2021	Current
M55	1500m	5m00.4s		Tony Jefferies	Nuneaton	08/06/2002	Current
M55	200m Indoor	27.07s		Malcolm Cowton	Lee Valley	13/03/2016	Current
M55	3000m	10m39.8s		Tony Jefferies	Yate	20/08/2000	Current
M55	400m Indoor	60.86s		Malcolm Cowton	Lee Valley	12/03/2016	Current
M55	5000m	17m59.6s		Tony Jefferies	Bristol	01/09/2002	Current
M55	800m	2m30.1s		Tony Jefferies	Corby	02/08/2003	Current
M55	Hammer (6kg)	22.39m		Pete Jackson	Exeter	18/06/2017	Current
M55	Shot (6kg)	10.19m		Pete Jackson	Exeter	18/06/2017	Current
M60	10000m	40m36.7s		Jerry Musselwhite	Leamington, Open & Club Champs	25/05/2021	Current
M60	100m	14.4s		Graham Howell	Gloucester	01/08/2018	Current
M60	100m Hurdles (84)	24.57s	0.8	Jerry Musselwhite	Kilmarnock, Scottish Athletics CE & Masters Champs	11/07/2021	Current
M60	1500m	5m08.8s		Jerry Musselwhite	Par	12/09/2020	Current
M60	2000m S/C (76)	8m30.61s		Jerry Musselwhite	Yeovil, Avon County Champs	22/08/2021	Current
M60	200m	31.28	1.7	Jerry Musselwhite	Carshalton, Surrey & Sussex CE Championships	11/09/2021	Current
M60	3000m	10m55.9s		Tony Jefferies	Corby	05/06/2004	Current
M60	300m Hurdles (76)	52.23s		Graham Howell	Birmingham, British Masters Champs	10/08/2019	Current

M60 400m	70.92s	Jerry Musselwhite	Kilmarnock, Scottish Athletics CE & Masters Champs	10/07/2021	Current
M60 5000m	18m42.7s	Tony Jefferies	Yate	18/09/2005	Current
M60 800m	2m33.8s	Jerry Musselwhite	Par, Mini Series	12/09/2020	Current
M60 Decathlon	4604 points	Jerry Musselwhite	Kilmarnock, Scottish Athletics CE & Masters Champs	11/07/2021	Current
M60 Discus (1kg)	32.63m	Jerry Musselwhite	Par, Mini Series	22/05/2021	Current
M60 Hammer (5kg)	50.27m	Eugene Lawlor	Yate	13/05/2017	Current
M60 High Jump	1.26m	Jerry Musselwhite	Kilmarnock, Scottish Athletics CE & Masters Champs	10/07/2021	Current
M60 Javelin (600gms)	28.58m	Jerry Musselwhite	Carshalton, Surrey & Sussex CE Championships	11/09/2021	Current
M60 Long Jump	4.32m	Graham Howell	Gloucester	12/08/2018	Current
M60 Mile	5m36.52s	Jerry Musselwhite	Dagenham, Be Fit Today Track Academy Open	31/10/2020	Current
M60 Pentathlon	2556	Jerry Musselwhite	Jarrow, NECAA/NEMAA Open Pentathlon Championsh	19/09/2021	Current
M60 Pole Vault	2.80m	George Trmal	Sutton Coldfield	26/08/1997	Current
M60 Shot (5kg)	10.28m	Pete Jackson	Birmingham	11/08/2019	Current
M60 Triple Jump	7.22m	Jerry Musselwhite	Exeter, Open Meet	31/08/2021	Current
M60 Weight (20lb/9.08kg)	16.17m	Eugene Lawlor	Birmingham	25/06/2017	Current
M65 3000m	11m37.4s	Tony Jefferies	Brierly Hill	01/08/2010	Current
M65 5000m	19m38.3s	Tony Jefferies	Kettering	01/05/2010	Current
M65 Pole Vault	2.70m	George Trmal	Cheltenham	03/08/2002	Current
M70 1500m	6m39.8s	Tony Jefferies	Yate	30/07/2017	Current