

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
F	17	1000m	2m52.57s	E		Hannah Curnock	Crystal Palace	23/07/1993
F	20	100m	11.96s	E	1.3	Yvette Westwood	Bedford	17/06/2017
F	23	100m Hurdles (84)	14.20s	M		Victoria Williams	Yate	09/06/2002
F	15	100m Indoor	12.50s	E		Emily Wright	Birmingham HPC, Open meet	24/03/2012
F	13	1200m	3m51.60s	M		Emily Fitzhugh	Yate	04/06/2006
F	34	1500m	4m11.33s	E		Ellie Leather	Bloomington, Indiana	28/05/2022
F	17	1500m Indoor	4m40.33s	E		Hannah Alderson	Sheffield	23/02/2008
F	17	1500m S/C (76)	5m34.74s	E		Emily Whitaker	Exeter	16/06/2018
F	20	150m	18.62s	E		Yvette Westwood	Gateshead Quay	08/09/2017
F	20	200m	24.68s	E	0.4	Yvette Westwood	Birmingham	08/07/2017
F	20	200m Indoor	24.60s	E		Yvette Westwood	Birmingham	11/02/2017
F	20	3000m	09m37.37s	E		Hannah Hobbs	Bristol	18/07/2017
F	34	3000m Indoor	09m30.10s	E		Ellie Leather	Lexington, USA	15/01/2022
F	17	300m	40.70s	M		Hayley Smith	Yate, UK Young Athletes League Midland Premier	19/07/2009
F	23	300m	40.70s	E		Hannah Jackson	Yate, Sprints & Hurdles	04/09/2011
F	17	300m Hurdles (76)	46.40s	M		Hattie Dent	Abingdon	20/05/2012
F	34	300m Indoor	41.40s	M		Sian Adlam	Birmingham, NIA	11/02/1995
F	23	400m	56.17s	E		Katie Robbins	Yate, NAL National One Round 4	20/08/2022
F	23	400m Hurdles (76)	62.90s	M		Hannah Stares	Wolverhampton	20/08/2000
F	34	400m Indoor	57.23s	E		Hannah Stares	Birmingham Games, NIA	13/01/2001
F	23	4x100m Relay	49.39s	E		K Treglown, S Brooks, I Walkey, I Hill	Tamworth, Midland League D2	23/04/2023
F	17	4x300m Relay	2m56.90s	M		?	Yeovil	20/06/2010
F	34	4x400m Relay	4m09.30s	M		K.Jones P.Hill J.Binks C.Hillier	Newport	21/08/2005
F	11	4x50m Relay	35.50s	E		Morgan, Dale, Bull, Taylor	Yate	05/07/2012
F	34	5000m	16m23.43s	E		Ellie Leather	Knoxville, Tennessee	08/04/2022
F	13	600m	1m50.90s	M		Ellie Leather	Stoke Gifford, Avon Open Meeting	03/08/2011
F	15	60m	07.97s	E	0.9	Isabelle Walkey	Yate, Sprints & Hurdles	03/04/2022
F	15	60m Hurdles (76) Indoor	09.55s	E		Lyndsay Fox	Cosford	10/03/1991
F	34	60m Hurdles (84) Indoor	08.74s	E		Joanna Thorn	Birmingham NIA, Birmingham Games, Gold medal	26/02/2006
F	34	60m Indoor	07.62s	E		Charnia Weightman	Birmingham	08/02/2009
F	13	70m Hurdles (68)	11.40s	M		Willa Gibb	Yate	10/07/2016
F	13	75m	10.00s	M		Victoria Scott	Hereford, NYAL	27/06/2004
F	15	75m Hurdles (76)	11.60s	M		Lyndsay Fox	Cannock	28/07/1991
F	15	75m Hurdles (76)	11.60s	M		Willa Gibb	Cheltenham	18/07/2017
F	34	800m	2m05.40s	M		Ellie Leather	Stoke Gifford, Bristol & West Open	21/06/2022
F	34	800m Indoor	2m05.32s	E		Ellie Leather	Nashville TN USA	12/05/2022
F	17	80m Hurdles (76)	11.90s	M		Hannah Jackson	Mansfield	24/06/2007
F	11	Ball Throw	47.17m	M		Harriet Taylor	Yate	05/07/2012
F	13	Discus (0.75kg)	20.76m	M		Jade Ellans	Bath, Open Trophy Meeting	17/08/2003

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
F	34	Discus (1kg)	44.64m	M		Fay Champion	Southampton	06/08/1995
F	17	Hammer (3kg)	45.05m	M		Felicity Whiteway	Gloucester, Avon T&F league	01/08/2021
F	20	Hammer (4kg)	52.33m	M		Zoe Derham	Newport	13/06/1999
F	23	Heptathlon	4553 points	M		Hannah Stares	Enfield	30/07/2000
F	34	High Jump	1.70m	M		Fay Champion	Cheltenham	30/04/1995
F	23	High Jump Indoor	1.66m	M		Hannah Stares	Birmingham	08/02/1998
F	11	Howler Throw	28.03m	M		Arisa Burgess	Gloucester	01/09/2018
F	13	Javelin (400gms)	23.98m	M		Annabel Gordon	Exeter, SW Champs & Inter Counties	18/07/2021
F	17	Javelin (500gms)	36.11m	M		Jodie Dale	Gloucester	12/08/2018
F	23	Javelin (600gms)	42.51m	E		Jodie Dale	Yate, Midland Lge Div 2	20/05/2023
F	45	Javelin (600gms) (T54/F57)	10.07m	M		Joanne Blinman	Cheltenham	02/05/2016
F	34	Long Jump	5.60m	M		Tania Findlay	Bristol	01/07/1996
F	15	Long Jump Indoor	5.56m	M		Emily Wright	Sheffield	24/11/2012
F	17	Mile	4m56.51s	E		Floren Scrafton	Solihull	18/07/2009
F	34	Mile Indoor	4m34.89s	E		Ellie Leather	Nashville TN USA	11/02/2022
F	15	Pentathlon	2953 points	M		Jade Ellans	Yeovil	26/06/2005
F	34	Pentathlon Indoor	3475 points	M		Hannah Stares	Birmingham NIA, AAA/MCAA Chmps	21/01/2001
F	15	Pole Vault	3.42m	M		Arisa Burgess	Bedford, EA U15/U17 Champs	27/08/2022
F	15	Pole Vault Indoor	3.11m	M		Arisa Burgess	Cardiff NIA, Vault Cardiff	13/03/2022
F	11	Quad kids Points	0238 points	M		Arisa Burgess	Yate	01/09/2018
F	13	Shot (2.72kg)	09.16m	M		Kelly Boulton	Bath, Avon Track & Field Lge	31/08/1997
F	15	Shot (3.25kg)	11.84m	M		Lyn Denney	Derby	14/07/1990
F	17	Shot (3kg)	09.26m	M		Leah Hale	Bath	10/06/2017
F	34	Shot (4kg)	13.30m	M		Fay Champion	Wiltshire	13/05/1995
F	45	Shot (4kg) (T54/F57)	04.58m	M		Joanne Blinman	Cheltenham	02/05/2016
F	23	Shot (4kg) Indoor	09.64m	M		Stephanie Brooks	Sheffield EA Senior Indoor Combined Events Chan	08/01/2023
F	11	Standing Long Jump	2.09m	M		Amy Nolan	Yate	01/07/2018
F	23	Triple Jump	12.39m	M		Sara Barry	Cardiff	29/08/2005
F	34	Triple Jump Indoor	12.39m	M		Sara Barry	Cardiff	20/01/2007
F	60	Weight (12lb/5.45kg)	13.85m	M		Karen Jones	Swansea, Welsh Masters Champs	26/09/2021
F	55	Weight (16lb/7.26kg)	11.84m	M		Karen Jones	Birmingham	24/06/2017
F	35	Weight (20lb/9.08kg)	04.99m	M		Sam Hillier-Smith	Yate	26/09/2020
M	34	10000m	31m04.50s	M		Rhodri Jones	Newport	11/06/2000
M	23	100m	10.20s	E	1.2	Ryan Scott	Loughborough, LEAP	17/07/2008
M	60	100m Hurdles (84)	21.95s	E	-2.6	Jerry Musselwhite	Yeovil, Bill Whistlecroft Spring Open	16/04/2022
M	17	100m Hurdles (91)	13.24s	E	1.1	Jacob Spence	Birmingham	07/09/2014
M	34	110m Hurdles (106)	16.40s	M		Graham Howell	Bournemouth	29/05/1988
M	20	110m Hurdles (99)	14.25s	E	-1.4	Jacob Spence	Castellon, ESP	17/09/2016
M	20	1500m	3m48.50s	M		James Thie	Swindon	07/08/1997

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M	34	1500m Indoor	4m10.61s	E		Kane Lee	Cardiff, Welsh Senior Indoor Champs	28/01/2023
M	17	1500m S/C (91)	4m37.20s	M		Sam Dagleish	Rugby	17/07/2005
M	23	150m	16.01s	E	1.2	Ryan Scott	Loughborough, McCain Loughborough International	17/05/2009
M	60	2000m S/C (76)	08m17.02s	E		Jerry Musselwhite	Yeovil, Somerset County Champs	14/05/2022
M	20	2000m S/C (91)	06m11.61s	E		Freddie Cooper	Manchester Sportcity, ESAA Champs	09/07/2022
M	20	200m	21.23s	E		Ryan Scott	Unknown (Unverified)	14/06/2004
M	34	200m Indoor	21.78s	E		Greg Smith	Birmingham NIA, MCAA Champs	11/03/2006
M	23	3000m	08m23.34s	E		Martin Palmer	Solihull	17/07/1999
M	23	3000m Indoor	08m43.20s	M		Michael Shackcloth	Birmingham Indoor Arena	08/02/1992
M	34	3000m S/C (91)	09m19.80s	M		Mike Shackcloth	Yate	20/08/1994
M	34	300m	35.30s	M		Matthew Muggeridge	Yate	01/07/1999
M	60	300m Hurdles (76)	52.23s	E		Graham Howell	Birmingham, British Masters Champs	10/08/2019
M	45	300m Indoor	42.68s	E		Malcolm Cowton	Cardiff	11/12/2010
M	34	400m	48.33s	E		Ben Wells	Loughborough, Loughborough International	22/05/2022
M	17	400m Hurdles (84)	55.42s	E		Robert Phillips	Gateshead	07/07/2012
M	20	400m Hurdles (91)	54.90s	M		Robert Phillips	Gateshead	28/07/2013
M	34	400m Indoor	49.07s	E		Ben Wells	Sheffield	05/02/2022
M	34	4x100m Relay	43.29s	E		M.Elliott B.Wells I.Cory D.Brooks	Yate, NAL match	03/07/2021
M	15	4x300m Relay	2m40.97s	E		Burgess Mann Armstrong Hillier	?	15/07/2017
M	34	4x400m Relay	3m26.30s	M		K.Blandford G.Howell M.Wassell M.Kloiber	Cheltenham, MCAA relay chmps, Bronze	22/07/1989
M	34	4x400m Relay Mixed	3m39.77s	E		B Wells,I Cory,K Robbins,S Brooks	Yate, Midland Lge Div 2	20/05/2023
M	11	4x50m Relay	33.80s	E		Jame, Littleton, James, Hillier	(Unverified)	01/07/2012
M	23	5000m	14m11.51s	E		Martin Palmer	Solihull	05/08/1998
M	20	50m Indoor	06.20s	M		Garry Slade	Worksop, Open	02/11/1986
M	11	600m	1m49.90s	M		Adam Nolan	?	01/05/2015
M	15	60m	07.19s	E	-0.3	Daniel Brooks	Yate	06/09/2015
M	13	60m Hurdles (76) Indoor	09.90s	M		Luke Ball	Birmingham	19/03/2017
M	15	60m Hurdles (84) Indoor	09.00s	E		Jacob Spence	Lee Valley, SEAA Champs	21/01/2012
M	17	60m Hurdles (91) Indoor	08.58s	E		Jacob Spence	Lee Valley	02/02/2013
M	20	60m Hurdles (99) Indoor	08.18s	E		Jacob Spence	Sheffield	01/03/2015
M	23	60m Indoor	06.59s	E		Ryan Scott	Athens, GRE	13/02/2008
M	11	75m	10.00s	M		Regan-Jack Williams	Yate	01/07/2019
M	13	75m Hurdles (76)	12.27s	E		Robert Phillips	Exeter	03/08/2008
M	20	800m	1m52.21s	E		Matthew Thomson	Watford, BMC Grand Prix	22/07/2000
M	20	800m Indoor	1m57.17s	E		Matthew Lavis	Birmingham NIA, AAA's U20 Champs	24/02/2001
M	15	80m Hurdles (84)	11.21s	E		Jacob Spence	Gateshead	06/07/2012
M	11	Ball Throw	39.78m	M		Daniel Brooks	Yate	01/07/2005
M	40	Decathlon	5739 points	M		Graham Howell	Sheffield, BVAF CE Champs, Silver medal	12/09/1999
M	15	Discus (1.25kg)	33.82m	M		Neil Hayne	u/k	01/01/1983

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
M	17	Discus (1.5kg)	46.73m	M		Louis Tutchter	Sportcity Manchester, UKYDL Upper Finals	04/09/2022
M	20	Discus (1.75kg)	36.98m	M		Charles Beresford	Yate	28/07/1991
M	60	Discus (1kg)	32.63m	M		Jerry Musselwhite	Par, Mini Series	22/05/2021
M	34	Discus (2kg)	41.36m	M		Andy Nichol	?	01/01/1984
M	34	Half Marathon	1h06m27s	M		Rhodri Jones	Bristol, BUPA Half Marathon	08/10/2000
M	13	Hammer (3kg)	31.76m	M		Owen Merrett	Par, Newquay	18/09/2016
M	15	Hammer (4kg)	53.04m	M		Matthew Spicer	Hull	13/07/1985
M	17	Hammer (5kg)	69.17m	M		Owen Merrett	Lee Valley	15/08/2020
M	20	Hammer (6.25kg)	63.18m	M		Matthew Spicer	Haringey	12/08/1990
M	20	Hammer (6kg)	70.50m	M		Owen Merrett	Santiago de Cali, Columbia, World U20 Champs	02/08/2022
M	20	Hammer (7.26kg)	61.65m	E		Owen Merrett	Sportcity Manchester, BUCS Championships	30/04/2023
M	23	Heptathlon Indoor	3398 points	M		Liam Hillier	Sheffield, England Athletics CE Champs	09/01/2022
M	23	High Jump	2.17m	M		Adam Brooks	Yate, NAL Premier West	28/08/2021
M	34	High Jump Indoor	2.12m	M		Adam Brooks	Hustopece CZE	04/02/2023
M	11	Howler Throw	41.58m	M		Jacob Mead	Yate, Avon T&F Quadkids	10/07/2022
M	13	Javelin (400gms)	35.30m	M		Owen Boon	Yeovil, Avon County Champs	21/08/2021
M	15	Javelin (600gms)	49.73m	M		Theo Spurrell	Birmingham	12/07/2019
M	17	Javelin (700gms)	69.59m	E		Theo Spurrell	Derby, SIAB Schools Home International	25/09/2021
M	34	Javelin (800gms)	59.98m	M		Alan Holloway	Birmingham, MCAA Champs	03/08/1997
M	23	Long Jump	7.69m	M		Garry Slade	Loughborough	01/06/1988
M	20	Long Jump Indoor	7.32m	M		Garry Slade	Cosford, AAA's U20 Chmps (Gold)	21/03/1987
M	34	Marathon	2h19m10s	M		Rhodri Jones	Frankfurt, Germany	29/10/2000
M	20	Mile	4m11.70s	M		James Thie	Bath	18/06/1997
M	17	Octathlon	4709 points	M		Adam McBraida	Exeter	28/06/2009
M	20	Octathlon Indoor	4924 points	E		Garry Slade	Cosford, AAA's Champs	07/03/1987
M	40	Pentathlon	2977 points	M		Graham Howell	Solihull, BVAF Pentathlon Champs Gold medal	04/07/1999
M	20	Pole Vault	4.30m	M		Matthew Pilborough	Yate	15/08/1998
M	23	Pole Vault Indoor	4.00m	M		Liam Hillier	Cardiff, Non Thomas Open	22/01/2023
M	11	Quad kids Points	0259 points	M		Adam Nolan	?	01/05/2015
M	13	Shot (3.25kg)	09.65m	M		Jack Griffin	Yate, NYAL	03/06/2007
M	13	Shot (3kg)	08.89m	M		Ciaran Merrett	Yate, UKYDL Lower Midlands South West DivA	08/05/2022
M	15	Shot (4kg)	12.86m	M		Neil Hayne	u/k	01/01/1983
M	17	Shot (5kg)	13.25m	M		Louis Tutchter	Swindon, Winter Throws Series	21/01/2023
M	17	Shot (5kg) Indoor	14.07m	M		Louis Tutchter	Sheffield, EA U20/U17/U15 Champs	12/02/2023
M	20	Shot (6.25kg)	10.94m	M		Mathew Spicer	*	01/01/1990
M	20	Shot (6kg)	12.25m	M		Toby Conibear	Yate, UKYDL Lower Midlands Regional Final	07/08/2022
M	34	Shot (7.26kg)	13.14m	M		Andy Nichol	?	01/01/1984
M	11	Standing Long Jump	2.10m	M		Luke Ball	Yate	01/09/2015
M	23	Triple Jump	14.37m	M		Matthew Muggeridge	Yate	15/08/1998

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M	20	Triple Jump Indoor	12.64m	M		Oliver Hemsley	NIA, Birmingham, Midland Champs	27/01/2002
M	15	Weight (16lb/7.26kg)	16.68m	M		James Viner	Swindon	01/09/2018
M	17	Weight (20lb/9.08kg)	18.42m	M		James Viner	Yate	01/09/2020
M	50	Weight (25lb/11.34kg)	13.60m	M		Matthew Spicer	Hull, Hammer Circle Reunion	10/10/2021
M	34	Weight (35lb/15.88kg)	11.12m	M		Reece Straker	Yate	26/09/2020