



COACHING POLICY OF YATE & DISTRICT ATHLETIC CLUB

Yate & District Athletic Club will adhere to the following “Track & Field Pathway” model set out by British Athletics:

Coaching Assistant

- This award is the first step on the coaching ladder.
- This is a two-day attendance course, without any assessment. The course is primarily aimed at adult athletes, ex-athletes, and parents.

Athletics Coach

- The qualification will take three days to complete and requires one day of formal assessment.
- Coaches must be 18 or over to embark on the Athletics Coach programme.
- Applicants should be actively involved in coaching and ideally have access to foundation stage athletes a minimum of twice a week for a period of at least eight consecutive weeks.
- Candidates should have a minimum of an old UKA Level 1 award or a new Coaching Assistant award.

Event Group Qualifications

- The Athletics Coach Award will enable you to coach across seven disciplines.
- There is an option to further enhance the qualification to cover each “event group” (Throws/Jumps/Sprints & hurdles/endurance).

Go to <https://www.englandathletics.org/coaching/qualifications-landing-page/> for more information and lists of available courses.

YADAC will enable people to follow this pathway by doing the following:

1. Any club member aged 16+ who express an interest in becoming a Coaching Assistant will be introduced to a Club Coach who will act as a “mentor”.

The mentor will explain what is expected of a coaching assistant and demonstrate good coaching practice. At this stage, the candidate will be able to assist in coaching activities only under direct supervision of a qualified coach.
2. When ready, the candidate should attend a Coaching Assistant course.
3. On successful completion of the Coaching Assistant course, the candidate will then continue to work with the coach/mentor, working to a plan set by the coach and within the same vicinity as the coach.
4. After a minimum of three months experience as a Coaching Assistant, anybody who wishes to become a Qualified Coach should inform the club and arrangements will be made to book a course.
5. The Coaching Assistant should continue building experience with the mentor until the course is attended and qualification attained.

Junior Academy Expenses Payments

1. Any qualified Coaching Assistant who works during an Academy session will be expected to have worked a minimum of eight sessions on a voluntary basis before they are able to claim expenses. These may be worked prior or after attending the Coaching Assistant training course depending on course timings and subject to committee approval. Coaching Assistant will be responsible for bringing a logbook and getting a qualified coach to sign as evidence of achievement.
2. After completion of the designated number of voluntary sessions, Coaching Assistants can claim a fixed expense fee* for each Academy session worked.
3. Qualified coaches can claim a fixed expense fee* for leading a Junior Academy session.
4. It is the responsibility of Coaching Assistants and Coaches to submit expense claims for sessions worked in an appropriate format as directed by the Club Treasurer.

* Contact the Coaching Secretary for current expense fee levels.

Reviewed November 2023