

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
F	14	100m	13.91s	E	-1.4	Nike Akinjomo	Yate	14/06/2026
F	14	1500m	4m54.81s	E		Hannah Mullin	Gloucester, Spring Open	26/04/2026
F	14	200m	28.65s	E	2	Zoe Cullimore-Davies	Yate	31/05/2026
F	14	600m	2m01.99s	E		Imogen Edwards	Swindon, Mark Cawte Open	12/04/2026
F	14	75m Hurdles (68)	12.42s	E	1.3	Emily Hendy	Yate, Avon T&F	17/05/2026
F	14	800m	2m23.88s	E		Hannah Mullin	Yeovil, Avon T&F	17/05/2026
F	14	Discus (0.75kg)	17.73m			Natalee Souch	Exeter	19/07/2026
F	14	Hammer (2kg)	26.77m	E		Josie Giles	Yate, Avon T&F	13/09/2026
F	14	High Jump	1.40m			Isabelle Day	Yate, YDL Lower Age Group	03/05/2026
F	14	Javelin (400gms)	23.16m			Natalee Souch	Swindon, Mark Cawte Open	12/04/2026
F	14	Long Jump	4.21m		0	Zoe Cullimore-Davies	Yate, Avon T&F	13/09/2026
F	14	Pole Vault	1.90m	M		Amara Parker	Yate	17/05/2026
F	14	Shot (2.72kg)	06.39m	M		Zoe Cullimore-Davies	Neath, YDL Lower Age Group	18/07/2026
F	16	100m	12.56s	E	1.3	Lauren Ramsey	Yate	31/05/2026
F	16	1500m	4m33.57s	E		Elizabeth Hutchings	Birmingham, English Schools Champs	11/07/2026
F	16	200m	25.89s	E	0	Lauren Ramsey	Exeter	20/06/2026
F	16	3000m	10m25.95s	E		Elizabeth Hutchings	Yate	17/05/2026
F	16	300m	45.46s	E		Darcy Oviat	Yate, Avon County Champs	10/05/2026
F	16	300m Hurdles (76)	57.09s	E		Ava Devaney	Yate, Sprints & Hurdles C26	12/04/2026
F	16	800m	2m14.20s	M		Elizabeth Hutchings	Neath, YDL Lower Age Group	18/07/2026
F	16	80m Hurdles (76)	13.37s	E	1.5	Elizabeth Hutchings	Bedford	20/09/2026
F	16	Discus (1kg)	31.38m			Olivia Powell	Exeter, Open Meet	20/06/2026
F	16	Hammer (3kg)	35.73m	E		Hannah Welsford	Yate, YDL Lower Age Group	03/05/2026
F	16	High Jump	1.53m			Elizabeth Hutchings	Yeovil	28/06/2026
F	16	Javelin (500gms)	27.05m	E		Edith Honeywill	Yate, YDL Lower Age Group	03/05/2026
F	16	Long Jump	4.62m		0.2	Poppy Bamber	Yate, Avon T&F	13/09/2026
F	16	Pole Vault	2.20m			Imani Parker	Yate	17/05/2026
F	16	Shot (3kg)	09.29m			Olivia Powell	Swindon, Wiltshire County Champs	09/05/2026
F	16	Triple Jump	07.94m		1.2	Jasmine Keyser	Yate	17/05/2026
F	18	100m	11.99s	E		Martha Herringshaw	Cardiff, Run with the Wind 2	26/04/2026
F	18	100m Hurdles (76)	15.67s	E		Matilda Green	Yate, NYAL Upper	24/05/2026
F	18	200m	24.27s	E	-1.2	Martha Herringshaw	Birmingham, ES Champs	11/07/2026
F	18	400m	68.88s	E		Elsa Walsh	Yate	19/07/2026
F	18	400m Hurdles (76)	85.60s	M		Annabel Gordon	Tipton, Midland Lge	16/05/2026
F	18	800m	2m37.10s	E		Elsa Walsh	Yate, Midland Lge	19/07/2026
F	18	Discus (1kg)	19.39m	E		Annabel Gordon	Yate, YDL Upper SW Premier	24/05/2026
F	18	High Jump	1.55m			Matilda Green	Yate, YDL Upper	24/05/2026
F	18	Javelin (500gms)	31.25m	E		Annabel Gordon	Yate, YDL Upper SW Premier	19/04/2026
F	18	Long Jump	4.25m		1.3	Annabel Gordon	Yeovil	28/06/2026
F	18	Shot (3kg)	09.67m			Matilda Green	Yate, YDL Upper SW Premier	24/05/2026

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F	20	100m	11.82s	E	0.9	Isabelle Walkey	Cardiff	27/06/2026
F	20	100m Hurdles (84)	14.60s	E		Joanna Thorn	Exeter, English Schools Champs	10/07/1998
F	20	1500m	4m27.36s	E		Hannah Hobbs	Watford	24/06/2017
F	20	1500m S/C (76)	7m59.60s	E		Lucy Conibear	Yeovil	24/07/2016
F	20	200m	24.68s	E	0.4	Yvette Westwood	Birmingham	08/07/2017
F	20	200m Indoor	24.60s	E		Yvette Westwood	Birmingham	11/02/2017
F	20	3000m	09m30.24s	E		Freya Bradley	Birmingham, ESAA Champs	12/07/2025
F	20	400m	57.18s	E		Ruby Brook	Alexander Stadium, English Schools Chmps	30/06/2023
F	20	400m Hurdles (76)	64.73s	E		Stephanie Brooks	Sportcity Manchester, UKYDL Upper Finals	04/09/2022
F	20	400m Indoor	58.97s	E		Paula Hill	Birmingham NIA, MCAA Chmps	12/03/2006
F	20	4x100m Relay	51.30s	M		E.Peters K.Everall T.Wakeham J.Thorn	Stafford	18/06/2000
F	20	4x400m Relay	4m13.70s	M		A.Gear J.Farmer H.Holt K.Nunn	Leicester	25/04/1993
F	20	5000m	15m55.50s	E		Freya Bradley	Tampere (FIN), European U20 Champs	07/08/2025
F	20	60m Hurdles (84) Indoor	09.46s	E		Emma Nye	NIA Birmingham, AAA's U20 Chmps	19/02/1995
F	20	60m Hurdles (84) Indoor	09.46s	E		Stephanie Brooks	Sheffield, BUCS Indoor Champs	18/02/2022
F	20	60m Indoor	07.57s	E		Isabelle Walkey	Loughborough, Indoor Open	07/12/2024
F	20	800m	2m12.38s	E		Ellie Wallace	Solihull	13/05/2017
F	20	Discus (1kg)	33.15m			Freya Holt	Newport, UKYDL Midlands Premier S/W	30/06/2024
F	20	Hammer (4kg)	52.33m	M		Zoe Derham	Newport	13/06/1999
F	20	Heptathlon	4339 points	M		Stephanie Brooks	Bedford, ESAA Combined Events Champs	18/09/2022
F	20	High Jump	1.70m			Evie Moir	Nuneaton	20/09/2026
F	20	High Jump Indoor	1.65m			Ruby Donaldson	Cardiff, Non Thomas Open	21/01/2024
F	20	Javelin (600gms)	41.46m	M		Lisa Hardwick	?	11/06/1989
F	20	Long Jump	5.37m	M		Sara Barry	Stoke	28/04/2002
F	20	Mile	5m16.73s	E		Rhiannon Paton	Swansea, Welsh Athletics U20 International	17/08/2022
F	20	Pentathlon Indoor	2990 points	M		Stephanie Brooks	Sheffield, England Athletics CE Champs	08/01/2022
F	20	Pole Vault	3.56m			Arisa Burgess	Yate, NAL Championship West Division	23/05/2026
F	20	Pole Vault Indoor	3.24m			Arisa Burgess	Cardiff, Vault Cardiff	02/03/2025
F	20	Shot (4kg)	09.95m	M		Lisa Hardwick	?	01/01/1989
F	20	Triple Jump	11.92m	M		Sara Barry	Yate	21/04/2002
F	23	100m	12.14s	E		Yvette Westwood	Yate, Avon Open Series	12/07/2019
F	23	100m Hurdles (84)	14.20s	M		Victoria Williams	Yate	09/06/2002
F	23	1500m	4m26.80s	E		Rhiannon Paton	Watford, BMC Grand Prix - World Athletics Challe	12/07/2025
F	23	2000m S/C (76)	09m00.77s	E		Grace Cardwell	Oxford, Varsity match	21/04/2024
F	23	200m	24.70s	E	0.9	Yvette Westwood	Yate, Midland League Div1	04/08/2019
F	23	200m Indoor	24.43s	E		Stephanie Brooks	Birmingham, UK Indoor Championships	23/02/2025
F	23	3000m	09m52.00s	M		Rosie Hamilton-James	Gloucester	08/09/2022
F	23	3000m Indoor	10m03.73s	E		Ellie Leather	Bloomington, Indiana, University relays	01/02/2020
F	23	3000m S/C (76)	14m12.69s	E		Grace Cardwell	Yate, Midland League Div 1	14/07/2024
F	23	400m	56.17s	E		Katie Robbins	Yate, NAL National One Round 4	20/08/2022

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F	23	400m Hurdles (76)	61.08s	E		Stephanie Brooks	Manchester, BUCS Outdoor Champs	06/05/2024
F	23	400m Indoor	57.57s	E		Stephanie Brooks	Cardiff, Non Thomas Open	25/01/2026
F	23	4x100m Relay	49.20s	M		N Moyes, I Walkey, J Richards, K Treglown	Telford, Midland League D2	09/07/2023
F	23	4x400m Relay	4m09.30s	M		K.Jones P.Hill J.Binks C.Hillier	Newport	21/08/2005
F	23	5000m	16m47.65s	E		Rhiannon Paton	SportCity, BUCS Athletics: Outdoor Championship	05/04/2025
F	23	60m Hurdles (84) Indoor	08.75s	E		Victoria Williams	Cardiff, AAA's Champs	03/02/2002
F	23	60m Indoor	07.63s	E		Yvette Westwood	Sheffield, BUCS Indoor Champs	15/02/2019
F	23	800m	2m09.19s	E		Ellie Leather	Irvine CA, USA	27/04/2019
F	23	800m Indoor	2m18.00s	E		Ruby Brook	Spokane WA, USA Riverfront Invitational	06/02/2025
F	23	Discus (1kg)	28.55m			Stephanie Brooks	Hereford, Midland League D4	29/08/2026
F	23	Hammer (4kg)	42.45m	M		Elizabeth Seabrook	Cortland NY USA	19/04/2008
F	23	Heptathlon	4640 points	E		Stephanie Brooks	Yeovil, Somerset Combined Events Champs	28/04/2024
F	23	High Jump	1.70m			Lily Bailey	Yeovil, National Athletics League Championship V	31/05/2025
F	23	High Jump Indoor	1.68m			Lily Bailey	Cardiff, Cardiff Met Non Thomas Endurance GP	12/01/2025
F	23	Javelin (600gms)	42.51m	E		Jodie Dale	Yate, Midland Lge Div 2	20/05/2023
F	23	Long Jump	5.32m	M		Tania Adlam	Yate, Avon County Champs	17/05/1992
F	23	Long Jump Indoor	5.48m	M		Stephanie Brooks	Sheffield, BUCS Indoor Champs	25/02/2023
F	23	Pentathlon Indoor	3338 points	E		Stephanie Brooks	Sheffield, England Senior & U20 CE Championship	07/01/2024
F	23	Pole Vault	3.30m			Sophie Hornung	Birmingham	21/06/2026
F	23	Pole Vault Indoor	3.34m			Sophie Hornung	Cardiff, Welsh Athletics Senior & U17 Indoor Char	19/01/2025
F	23	Shot (4kg)	09.97m	M		Stephanie Brooks	Manchester, EA Senior/U20 CE Champs	27/05/2023
F	23	Shot (4kg) Indoor	09.64m	M		Stephanie Brooks	Sheffield EA Senior Indoor Combined Events Char	08/01/2023
F	23	Triple Jump	12.39m	M		Sara Barry	Cardiff	29/08/2005
F	23	Triple Jump Indoor	12.07m	M		Sara Barry	Sheffield, BUSA Champs	27/02/2003
F	34	100m	11.94s	E	1.5	Jenna Blundell	Stratford, Speed Open	26/05/2025
F	34	100m Hurdles (84)	13.41s	E	1.6	Jenna Blundell	Braga POR, Meeting de Braga	14/06/2025
F	34	1500m	4m11.33s	E		Ellie Leather	Bloomington, Indiana	28/05/2022
F	34	200m	24.32s	E		Jenna Blundell	Stratford, Speed Open	26/05/2025
F	34	200m Indoor	25.61s	E		Sian Darby	NIA, Birmingham Open	27/01/2002
F	34	3000m	09m42.40s	M		Floren Scrafton	Bilbao, Spain	24/06/2017
F	34	3000m Indoor	09m30.10s	E		Ellie Leather	Lexington, USA	15/01/2022
F	34	400m	55.70s	E		Katie Robbins	Birmingham Alexander Stad., Midland League D2	19/08/2023
F	34	400m Hurdles (76)	68.10s	M		Deborah Sutherland	Cheltenham, Jubilee Cup	01/06/1997
F	34	400m Indoor	57.23s	E		Hannah Stares	Birmingham Games, NIA	13/01/2001
F	34	4x100m Relay	47.94s	E		I Walkey, K Treglown, E Howell, A Brandon	Yate, NAL Championship West Division	22/06/2024
F	34	4x400m Relay	3m54.20s	E		T Iannetelli, E McIntosh, K Robbins, S Brooks	Yate, NAL Championship West Division	22/06/2024
F	34	5000m	16m23.43s	E		Ellie Leather	Knoxville, Tennessee	08/04/2022
F	34	60m Hurdles (84) Indoor	08.74s	E		Joanna Thorn	Birmingham NIA, Birmingham Games, Gold meda	26/02/2006
F	34	60m Indoor	07.62s	E		Charnia Weightman	Birmingham	08/02/2009
F	34	800m	2m05.40s	M		Ellie Leather	Stoke Gifford, Bristol & West Open	21/06/2022

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F	34	800m Indoor	2m05.32s	E		Ellie Leather	Nashville TN USA	12/05/2022
F	34	Discus (1kg)	44.64m	M		Fay Champion	Southampton	06/08/1995
F	34	Hammer (4kg)	37.04m	M		Fay Champion	Swindon, GRE Cup 1st rnd	28/04/1996
F	34	Heptathlon	4306 points	M		Fay Champion	Stoke, MCAA Comb.Event Champs	22/08/1993
F	34	High Jump	1.70m	M		Fay Champion	Cheltenham	30/04/1995
F	34	High Jump Indoor	1.75m			Amaya Scott-Rule	Cardiff NIAC, Met Christmas Classic	14/12/2025
F	34	Javelin (600gms)	41.07m			Jodie Dale	Exeter, South West League	03/05/2025
F	34	Long Jump	5.60m	M		Tania Findlay	Bristol	01/07/1996
F	34	Mile Indoor	4m34.89s	E		Ellie Leather	Nashville TN USA	11/02/2022
F	34	Pentathlon Indoor	3475 points	M		Hannah Stares	Birmingham NIA, AAA/MCAA Chmps	21/01/2001
F	34	Shot (4kg)	13.30m	M		Fay Champion	Wiltshire	13/05/1995
F	34	Shot (4kg) Indoor	13.23m			Amaya Scott-Rule	Cardiff NIAC	07/02/2026
F	34	Triple Jump	12.38m	M	1.4	Sara Barry	Bedford, CAU Inter Counties	28/05/2006
F	34	Triple Jump Indoor	12.39m	M		Sara Barry	Cardiff	20/01/2007
F	35	100m	13.79s	E	0.7	Hannah Jackson	Yate, Avon T&F	13/09/2026
F	35	1500m	6m07.27s	E		Emma Barlow	Yate	14/06/2026
F	35	200m	34.26s	E	0.5	Emma Barlow	Yate	28/06/2026
F	35	3000m	12m15.28s	E		Jennifer Graham	Yate	28/06/2026
F	35	400m	71.36s	E		Hannah Jackson	Yate, Avon T&F	13/09/2026
F	35	800m	3m03.51s	E		Emma Barlow	Yate	28/06/2026
F	35	Discus (1kg)	16.99m	M		Sam Hillier-Smith	Yate	30/07/2017
F	35	Hammer (4kg)	35.58m	E		Katherine Chrimes	Yate, Avon County Champs	18/05/2025
F	35	Javelin (600gms)	27.67m	M		Maria Townsend	Rugby	05/06/2016
F	35	Long Jump	3.72m	M		Maria Townsend	Swindon	23/09/2017
F	35	Shot (4kg)	06.97m	M		Maria Townsend	Swindon	23/09/2017
F	35	Weight (20lb/9.08kg)	04.99m	M		Sam Hillier-Smith	Yate	26/09/2020
F	40	100m	15.90s	M		Claire Williams	Gloucester	09/06/2019
F	40	1500m	5m14.42s	E		Caroline Nicholas	Yate, NAL Championship West Division	23/05/2026
F	40	3000m Indoor	09m52.84s	E		Pat Gallagher	Cosford	09/01/1987
F	40	5000m	19m57.34s	E		Tamsin Chick	Glocester, Cheltenham Midsomer Opens	19/07/2023
F	40	800m	2m30.46s	E		Caroline Nicholas	Yate, Midland Lge D2	20/05/2023
F	40	Discus (1kg)	18.74m	M		Annie Griffin	Yate	09/07/2006
F	40	Hammer (4kg)	25.74m	M		Sam Hillier-Smith	Yate, Avon County Champs	15/05/2022
F	40	Javelin (600gms)	19.37m	M		Annie Griffin	Yate	09/07/2006
F	40	Shot (4kg)	06.34m	M		Annie Griffin	Yate	09/07/2006
F	45	100m	16.80s	E	1.8	Tracy Watson	Exeter	28/05/2019
F	45	1500m	4m40.97s	E		Patricia Gallagher	Cardiff	01/06/1991
F	45	200m	38.90s	M		Tracey John	Gloucester	09/09/2018
F	45	3000m	10m00.05s	E		Patricia Gallagher	?	01/10/1995
F	45	Discus (1kg)	20.35m	M		Tracy Watson	Cheltenham, Brewer Memorial Games	18/09/2021

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F	45	Hammer (4kg)	24.57m	M		Karen Jones	Yate	14/05/2011
F	45	Javelin (600gms)	14.13m	M		Tracy Watson	Cheltenham	12/05/2019
F	45	Long Jump	3.06m	M		Claire Williams	Gloucester	14/07/2019
F	45	Shot (4kg)	06.94m	M		Karen Jones	Yate	31/07/2011
F	50	100m	16.50s	M		Karen Jones	Gloucester	12/07/2015
F	50	1500m	4m49.86s	E		Patricia Gallagher	Solihul	05/09/1998
F	50	1500m Indoor	4m51.60s	M		Patricia Gallagher	NIA Birmingham	08/02/1998
F	50	3000m Indoor	10m17.53s	E		Patricia Gallagher	Birmingham	04/01/1997
F	50	5000m	18m14.50s	M		Patricia Gallagher	Cwmbran	10/06/1998
F	50	800m	2m22.00s	M		Patricia Gallagher	Yate	15/06/1997
F	50	Discus (1kg)	14.56m	M		Karen Jones	Yate	05/05/2012
F	50	Hammer (3kg)	34.92m	M		Karen Jones	Cheltenham	23/07/2014
F	50	Shot (3kg)	07.31m	M		Karen Jones	Yate	25/05/2013
F	50	Weight (16lb/7.26kg)	10.78m	M		Karen Jones	Bath	03/08/2014
F	55	100m	16.60s	M		Karen Jones	Yate	11/09/2016
F	55	1500m	5m20.44s	E		Patricia Gallagher	Potsdam, GER	19/08/2002
F	55	1500m Indoor	5m11.35s	E		Patricia Gallagher	Bordeaux, European Vets Indoor Chmps	11/03/2001
F	55	3000m	11m05.30s	M		Patricia Gallagher	Derby	23/09/2001
F	55	3000m Indoor	11m06.13s	E		Patricia Gallagher	Bordeaux, European Vets Indoor Chmps	08/03/2001
F	55	5000m	20m14.60s	M		Patricia Gallagher	Cardiff	30/06/2002
F	55	800m Indoor	2m37.90s	M		Patricia Gallagher	Cardiff	22/02/2004
F	55	Discus (1kg)	17.57m	M		Karen Jones	Yate	04/09/2019
F	55	Hammer (3kg)	37.69m	M		Karen Jones	Bath	27/06/2018
F	55	Javelin (500gms)	12.45m	M		Karen Jones	Yate	01/07/2018
F	55	Shot (3kg)	07.15m	M		Karen Jones	Yate	04/09/2019
F	55	Weight (16lb/7.26kg)	11.84m	M		Karen Jones	Birmingham	24/06/2017
F	60	100m	17.00s	M		Karen Jones	Yate, Avon T&F	12/09/2021
F	60	1500m	5m37.30s	M		Patricia Gallagher	Exeter	15/05/2008
F	60	1500m Indoor	5m22.50s	E		Patricia Gallagher	Cardiff	18/02/2006
F	60	3000m Indoor	11m35.90s	E		Patricia Gallagher	Cardiff	28/01/2006
F	60	800m	2m45.20s	M		Patricia Gallagher	Exeter	15/05/2008
F	60	800m Indoor	2m40.28s	E		Patricia Gallagher	Cardiff	05/03/2006
F	60	Discus (1kg)	18.83m	M		Karen Jones	Aberdare, Welsh Masters Champs	04/09/2022
F	60	Hammer (3kg)	37.83m	?		Karen Jones	Derby, British Masters Championships	02/09/2023
F	60	Javelin (500gms)	13.77m	E		Karen Jones	Horspath, British Masters Winter Throws Champs	09/03/2025
F	60	Shot (3kg)	07.02m			Karen Jones	Derby, British Masters Championships	28/07/2024
F	60	Weight (12lb/5.45kg)	13.85m	M		Karen Jones	Swansea, Welsh Masters Champs	26/09/2021
F	65	10000m	46m29.72s	E		Marian Grace	Redditch, MCAA 10,000m Championships	31/08/2024
F	65	100m	18.19s	E		Patricia Gallagher	Solihul	19/07/2015
F	65	1500m	5m45.05s	E		Patricia Gallagher	Exeter, SW Masters Champs	19/06/2011

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F	65	200m Indoor	40.07s	E		Marian Grace	Lee Valley, British Masters Indoor Championships	22/02/2025
F	65	400m	81.24s	E		Lorna Massey	Hereford, Midland Lge	29/08/2026
F	65	400m Indoor	80.00s	E		Patricia Gallagher	Sheffield	05/02/2012
F	65	5000m	22m09.00s	M		Patricia Gallagher	Cardiff, Welsh Masters	11/05/2011
F	65	60m Indoor	11.42s	E		Marian Grace	Lee Valley, British Masters Indoor Championships	22/02/2025
F	65	800m	2m50.63s	E		Patricia Gallagher	Birmingham, BMAF Champs	26/06/2011
F	65	Discus (1kg)	17.80m			Karen Jones	Hereford, Miland League D4	29/08/2026
F	65	Hammer (3kg)	35.39m	E		Karen Jones	Yate, Avon Masters Champs	28/06/2026
F	65	Shot (3kg)	07.27m			Karen Jones	Oxford, BMAF Throws Pentathlon	30/05/2026
F	65	Weight (12lb/5.45kg)	12.50m			Karen Jones	Derby, British Masters Championships	11/09/2026
F	70	1500m	6m44.27s	E		Patricia Gallagher	Perth, Aus	05/11/2016
F	70	1500m Indoor	6m51.10s	E		Lyn Jenkins	Lee Valley	14/03/2026
F	70	3000m Indoor	14m11.36s	E		Lyn Jenkins	Cardiff	24/01/2026
F	70	400m	92.95s	E		Lyn Jenkins	Derby, British Masters T & F Champs	11/09/2026
F	70	800m Indoor	3m16.89s	E		Patricia Gallagher	Lee Valley	13/03/2016
F	75	100m	18.70s	E	-0.8	Caroline Lavis	Yate, Avon T&F	11/08/2024
F	75	1500m	6m31.74s	E		Caroline Lavis	Rugby, Midland Lge D1	17/08/2024
F	75	200m	38.70s	E	1.6	Caroline Lavis	Yate, Avon T&F	11/08/2024
F	75	3000m	14m12.12s	E		Anne Dockery	Birmingham, Midland Lge D2	19/08/2023
F	75	400m	91.08s	E		Caroline Lavis	Yate, Avon Masters Open	21/07/2024
F	75	5000m	23m42.04s	E		Anne Dockery	Pescara, Italy, European Masters Championships	25/09/2023
F	75	800m	3m19.48s	E		Caroline Lavis	Derby, BMAF Championships	28/07/2024
M	14	100m	13.11s	E	1.7	Eli Grant	Yate, Sprints & Hurdles C26	12/04/2026
M	14	1500m	4m41.00s	M		Ewan Boulton	Stoke Gifford, Avon Open	30/06/2026
M	14	200m	27.62s	E	NWI	Sebastian Guzman	Yate	31/05/2026
M	14	200m Hurdles (76)	35.82s	E	-1.5	Max Papuca	Yeovil, Spring Open	04/04/2026
M	14	800m	2m14.77s	E		Sebastian Guzman	Yate, Avon T&F	13/09/2026
M	14	80m Hurdles (76)	14.17s	E	0.8	James Eaton	Yate, Avon T&F	13/09/2026
M	14	Discus (1kg)	20.92m			Luke Gordon	Wrexham	26/09/2026
M	14	Hammer (3kg)	38.75m			Lewis Richards	Yeovil	30/07/2026
M	14	High Jump	1.53m			Sebastian Guzman	Yate, Avon T&F	13/09/2026
M	14	Javelin (500gms)	42.74m			Jacob Mead	Exeter	19/07/2026
M	14	Long Jump	5.09m			Max Papuca	Gloucester	08/09/2026
M	14	Shot (3kg)	06.86m			Lewis Richards	Yate	31/05/2026
M	16	100m	12.00s	E	NW	Harry Scherer-Cowell	Swindon, Wiltshire County Schools	13/06/2026
M	16	100m Hurdles (84)	14.03s	E	-3.1	Harry Scherer-Cowell	Chelmsford	31/05/2026
M	16	1500m	4m41.79s	E		Oliver Membry	Yate	14/06/2026
M	16	200m	24.21s	E	1.9	Rory Hockett	Yate, Avon T&F	13/09/2026
M	16	3000m	10m03.19s	E		Joshua Neate	Yate, Avon T&F	13/09/2026
M	16	800m	2m05.59s	E		Rory Hockett	Street	16/05/2026

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
M	16	Discus (1.25kg)	49.37m			Berkay Altuntas	Bedford	26/07/2026
M	16	Hammer (4kg)	35.13m			Ellis Vickerman	Yate	31/05/2026
M	16	High Jump	1.65m			Harrison Brennan	Yate, Avon T&F	13/09/2026
M	16	Javelin (600gms)	61.65m			Mason Cox	Bedford	25/07/2026
M	16	Long Jump	5.21m		0	Harrison Brennan	Yate, Avon T&F	13/09/2026
M	16	Shot (4kg)	13.90m			Berkay Altuntas	Swindon	13/06/2026
M	18	100m	10.98s	E	0.5	Noah Gurtaby	Stratford	09/08/2026
M	18	110m Hurdles (91)	15.94s	E	-1.4	Owen Boon	Yate, YDL Upper SW Premier	19/04/2026
M	18	1500m	4m08.70s	M		Tom Board	Bristol	10/06/2026
M	18	200m	23.73s	E	-2.1	Freddie Hollier	Liverpool, YDL Upper finals	06/09/2026
M	18	3000m	08m59.53s	E		Tom Board	Yate, YDL Upper SW Premier	24/05/2026
M	18	400m	51.52s	E		Owen Boon	Yate, YDL Upper SW Premier	19/07/2026
M	18	400m Hurdles (84)	54.25s	E		Owen Boon	Birmingham Uni	30/05/2026
M	18	800m	2m00.51s	E		Noah Boulton	Yate, Avon T&F	13/09/2026
M	18	Discus (1.5kg)	53.41m	E		Turkay Altuntas	Bedford	25/07/2026
M	18	Hammer (5kg)	59.38m	E		Ciaran Merrett	Yate, Avon T&F	13/09/2026
M	18	High Jump	1.92m			Joshua Toms	Birmingham	11/07/2026
M	18	Javelin (700gms)	60.47m	E		Owen Boon	Loughborough	31/05/2026
M	18	Long Jump	5.50m			James Rymer	Yate, YDL Upper SW Premier	19/04/2026
M	18	Shot (5kg)	14.24m			Turkay Altuntas	Gloucester, Cheltenham Midsummer Opens	08/07/2026
M	18	Triple Jump	12.24m			James Rymer	Yate, YDL Upper SW Premier	24/05/2026
M	20	100m	10.44s	E		Ryan Scott	Bedford	28/05/2006
M	20	110m Hurdles (99)	14.25s	E	-1.4	Jacob Spence	Castellon, ESP	17/09/2016
M	20	1500m	3m48.50s	M		James Thie	Swindon	07/08/1997
M	20	2000m S/C (91)	06m00.32s	E		Frederick Cooper	Birmingham University,BMC GP - World Athletics	29/07/2023
M	20	200m	21.23s	E		Ryan Scott	Unknown (Unverified)	14/06/2004
M	20	200m Indoor	21.90s	M		Ryan Scott	Birmingham NIA, Midland Champs	06/03/2005
M	20	3000m	08m24.47s	E		James Thie	Birmingham	16/08/1997
M	20	3000m S/C (91)	09m46.72s	E		Frederick Cooper	Chelmsford, EA U23/U20 Champs	17/06/2023
M	20	400m	49.10s	M		Josh Evans	Abingdon, YDL Upper Midland Premier 1	01/06/2014
M	20	400m Hurdles (91)	54.90s	M		Robert Phillips	Gateshead	28/07/2013
M	20	400m Indoor	52.68s	E		Alistair Robbins	NIA Birmingham Games	23/02/2003
M	20	4x100m Relay	43.85s	E		R.Phillips L.Lorenzi T.Pontin J.Evans	Cardiff	28/07/2013
M	20	4x400m Relay	3m26.75s	E		J.Evans K.Lee T.Pontin G.White	Yate, NJL as Team Avon	24/06/2012
M	20	5000m	15m36.47s	E		Thomas Darton	Stratford	28/03/2026
M	20	60m Hurdles (99) Indoor	08.18s	E		Jacob Spence	Sheffield	01/03/2015
M	20	60m Indoor	06.87s	E		Ryan Scott	Birmingham	19/02/2005
M	20	800m	1m52.21s	E		Matthew Thompson	Watford, BMC Grand Prix	22/07/2000
M	20	800m Indoor	1m57.17s	E		Matthew Lavis	Birmingham NIA, AAA's U20 Champs	24/02/2001
M	20	Decathlon	4903 points	E		Liam Hillier	Bedford, ESAA Combined Events Champs	19/09/2021

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
M	20	Discus (1.75kg)	53.93m			Owen Garrett	Par	11/04/2026
M	20	Hammer (6kg)	70.50m	M		Owen Merrett	Santiago de Cali, Columbia, World U20 Champs	02/08/2022
M	20	High Jump	2.21m			Otis Poole	Birmingham	11/07/2026
M	20	High Jump Indoor	2.20m			Otis Poole	Birmingham, UK Indoor Champs	23/02/2025
M	20	Javelin (800gms)	63.63m	E		Theo Spurrell	Chelmsford, EA U23/U20 Champs	17/06/2023
M	20	Long Jump	7.47m	M		Garry Slade	Birmingham	11/07/1987
M	20	Long Jump Indoor	7.32m	M		Garry Slade	Cosford, AAA's U20 Chmps (Gold)	21/03/1987
M	20	Mile	4m11.70s	M		James Thie	Bath	18/06/1997
M	20	Pole Vault	4.30m	M		Matthew Pilborough	Yate	15/08/1998
M	20	Pole Vault Indoor	3.45m	M		Liam Hillier	Cardiff, Met Classic GP1	19/12/2021
M	20	Shot (6kg)	16.34m			Dafydd Pawlett	Cardiff, Run with the Wind Open and Throws	10/05/2023
M	20	Shot (6kg) Indoor	15.78m			Owen Garrett	Cardiff, NIAC	17/01/2026
M	20	Triple Jump	14.12m	M		Jack Joynson	Exeter	17/06/2017
M	20	Triple Jump Indoor	13.24m	E		Jordan Iwhiwhu	Sheffield EIS, EA U20, U17 & U15 Championships	10/02/2024
M	20	Weight (25lb/11.34kg)	17.73m			Adam Merrett	Par, Last Ditch Throws	22/09/2024
M	23	10000m	32m47.80s	M		Malcolm White	Solihull, Midland cup final	01/10/1987
M	23	100m	10.20s	E	1.2	Ryan Scott	Loughborough, LEAP	17/07/2008
M	23	1500m	3m52.55s	E		Frederick Cooper	Watford BMC Grand Prix - World Athletics Challer	12/07/2025
M	23	1500m Indoor	4m09.51s	E		Kane Lee	Cardiff, Cardiff Met Open	23/01/2016
M	23	200m	21.44s	E	1	Ryan Scott	Irvine CA USA, Steve Scott Invite	02/05/2009
M	23	3000m	08m23.34s	E		Martin Palmer	Solihull	17/07/1999
M	23	3000m Indoor	08m43.20s	M		Michael Shackcloth	Birmingham Indoor Arena	08/02/1992
M	23	3000m S/C (91)	09m09.99s	E		Frederick Cooper	Birmingham, EA Senior & U20 Championships	26/07/2025
M	23	400m	46.51s	E		Isaac Cory	Birmingham Alexander Stad., Midland League D2	19/08/2023
M	23	400m Indoor	48.62s	E		Isaac Cory	Birmingham Uka Indoor Champs	17/02/2024
M	23	5000m	14m11.51s	E		Martin Palmer	Solihull	05/08/1998
M	23	60m Indoor	06.59s	E		Ryan Scott	Athens, GRE	13/02/2008
M	23	800m	1m55.04s	E		Kane Lee	Exeter, BMC Regionals	30/06/2015
M	23	800m Indoor	1m55.41s	E		Kane Lee	Sheffield, BUCS Indoor Championships	21/02/2015
M	23	Discus (2kg)	27.73m			Matthew Page	Lee Valley	07/02/2026
M	23	Hammer (7.26kg)	64.53m	E		Owen Merrett	Yate, Avon Track & Field	11/08/2024
M	23	Heptathlon Indoor	3398 points	M		Liam Hillier	Sheffield, England Athletics CE Champs	09/01/2022
M	23	High Jump	2.17m	M		Adam Brooks	Yate, NAL Premier West	28/08/2021
M	23	High Jump Indoor	2.14m			Luke Ball	Sheffield, BUCS Athletics: Indoor Championships	16/02/2025
M	23	Long Jump	7.69m	M		Garry Slade	Loughborough	01/06/1988
M	23	Pole Vault	3.91m			Liam Hillier	Cardiff, Cardiff, Welsh Athletics Senior & U15 Championships	16/06/2024
M	23	Pole Vault Indoor	4.03m	M		Liam Hillier	Sheffield, BUCS Indoor Champs	25/02/2023
M	23	Shot (7.26kg)	10.98m			Toby Conibear	Tamworth, Midland League D2	22/04/2023
M	23	Shot (7.26kg) Indoor	14.47m	E		Dafydd Pawlett	Sheffield EIS, BUCS Athletics: Indoor Championships	24/02/2024
M	23	Triple Jump	14.37m	M		Matthew Muggeridge	Yate	15/08/1998

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
M	34	10000m	31m04.50s	M		Rhodri Jones	Newport	11/06/2000
M	34	100m	10.55s	E	1.6	Daniel Brooks	Reading, NAL National 1 Div	11/06/2023
M	34	110m Hurdles (106)	16.40s	M		Graham Howell	Bournemouth	29/05/1988
M	34	1500m	3m55.38s	E		Julian Emery	Solihull	14/07/1999
M	34	1500m Indoor	4m10.29s	E		Adam Wilson	Cardiff, Indoor BMC races	21/01/2024
M	34	200m	21.38s	E	0.6	Ben Wells	Yate, NAL match	06/06/2021
M	34	200m Indoor	21.78s	E		Greg Smith	Birmingham NIA, MCAA Champs	11/03/2006
M	34	3000m	08m29.00s	M		Mike Shackcloth	Yate, Avon County vs Regional U23's	21/08/1994
M	34	3000m S/C (91)	09m19.80s	M		Mike Shackcloth	Yate	20/08/1994
M	34	400m	48.33s	E		Ben Wells	Loughborough, Loughborough International	22/05/2022
M	34	400m Hurdles (91)	58.10s	M		Matthew Muggeridge	Yate, Avon T&F	09/08/2009
M	34	400m Indoor	49.07s	E		Ben Wells	Sheffield	05/02/2022
M	34	4x100m Relay	43.09s	E		D.Gordon, E.Steele, I.Cory, D.Brooks	Milton Keynes, NAL National One Div.	05/08/2023
M	34	4x400m Relay	3m22.58s	E		B Wells, I Cory, M Ritson, E Wilson	Yate, NAL Championship West Division	22/06/2024
M	34	4x400m Relay Mixed	3m39.77s	E		Ben Wells,Isacc Cory,Katie Robbins,Steph Brook	Yate, Midland Lge Div 2	20/05/2023
M	34	5000m	14m51.20s	M		Rhodri Jones	Whitchurch, Mens ML	28/06/1997
M	34	60m Indoor	06.85s	E		Daniel Brooks	Cardiff, Non Thomas Open	22/01/2023
M	34	800m	1m54.01s	E		Kane Lee	Watford, BMC Grand Prix	12/07/2025
M	34	800m Indoor	1m55.30s	E		Kane Lee	Cardiff, Indoor BMC races	21/01/2024
M	34	Decathlon	5014 points	M		Daniel White	Exeter	27/09/2009
M	34	Discus (2kg)	41.36m	M		Andy Nichol	?	01/01/1984
M	34	Hammer (7.26kg)	58.42m	M		Matthew Spicer	Yate	01/05/1989
M	34	High Jump	2.16m	M		Adam Brooks	Solihull, Midland League D3	13/08/2022
M	34	High Jump Indoor	2.12m	M		Adam Brooks	Hustopece CZE	04/02/2023
M	34	Javelin (800gms)	59.98m	M		Alan Holloway	Birmingham, MCAA Champs	03/08/1997
M	34	Long Jump	6.19m	M		Matthew Muggeridge	Corby, Mens Midland League D3	05/08/2008
M	34	Mile	4m19.80s	M		Richard Drage	Whitchurch	14/09/1988
M	34	Pentathlon	2658 points	M		Graham Howell	Yate, Avon County CE Chmps	29/05/1993
M	34	Pole Vault	3.60m	M		Alan Holloway	Yate	16/08/1997
M	34	Pole Vault Indoor	3.74m			Liam Hillier	Cardiff, Cardiff Met Non Thomas Endurance GP	12/01/2025
M	34	Shot (7.26kg)	13.14m	M		Andy Nichol	?	01/01/1984
M	34	Triple Jump	13.11m	M		Matthew Muggeridge	Leamington, Midland League	06/05/2006
M	34	Weight (35lb/15.88kg)	11.12m	M		Reece Straker	Yate	26/09/2020
M	35	100m	11.09s	E	2	Christopher Hill	Stratford, Newham & Essex Open Series	17/07/2022
M	35	110m Hurdles (106)	17.10s	M		Graham Howell	Stoke, Midland Lge D4	22/07/1995
M	35	1500m	4m09.13s	E		Anthony Glover	Exeter	27/08/2013
M	35	200m	23.20s	M		Matthew Muggeridge	Telford	01/07/2012
M	35	3000m	09m09.20s	M		Richard Drage	, Mens Midland League	20/08/1994
M	35	400m	51.60s	E		Matthew Muggeridge	Derby, BMAF Championships	21/07/2012
M	35	400m Hurdles (91)	59.20s	M		Graham Howell	Yate, Avon T&F League	05/09/1993

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M	35	400m Indoor	52.48s	E		Matthew Muggeridge	Cardiff UWIC, Grand Prix Open	08/01/2012
M	35	60m Indoor	07.24s	E		Christopher Hill	Eltham, Sutcliffe Indoor 60's	06/03/2022
M	35	800m	2m01.40s	M		Anthony Glover	Kip Keino	16/07/2013
M	35	Decathlon	4748 points	M		Graham Howell	Worcester, MCAA CE Champs	25/08/1996
M	35	Discus (1.5kg) (F44)	22.42m	E		Adam Sharp	Yate, Midland Lge Div 2	31/08/2025
M	35	Discus (2kg)	34.22m	M		Chris Bevan	Yate	11/07/2010
M	35	Hammer (7.26kg)	33.30m	M		Daniel Williams	Yate	07/06/2014
M	35	High Jump	1.70m	M		Daniel White	Wolverhampton, Midland Lge Div2	14/08/2011
M	35	Javelin (800gms)	45.79m	M		Matthew Muggeridge	Yate	18/05/2013
M	35	Long Jump	6.21m	M		Matthew Muggeridge	Stoke	07/07/2013
M	35	Mile	4m37.00s	M		Richard Drage	Yate, Grand Prix Open Meet	10/08/1994
M	35	Pole Vault	3.00m	M		Daniel White	Wolverhampton, Midland Lge Div2	14/08/2011
M	35	Shot (7.26kg)	11.39m	M		Chris Bevan	Exeter	20/06/2010
M	35	Triple Jump	12.81m	M		Matthew Muggeridge	Loughborough	06/07/2014
M	40	100m	11.80s	M		Matthew Muggeridge	Yate	09/07/2017
M	40	110m Hurdles (99)	16.60s	M		Graham Howell	Exeter, SW Vets Champs	20/06/1999
M	40	1500m	4m16.20s	M		Anthony Glover	Yate	25/04/2015
M	40	200m	23.81s	E	0.5	Matthew Muggeridge	Perth, Australia, World Masters Champs	01/11/2016
M	40	3000m	09m27.97s	E		Paul Gardiner	Yeovil, NAL Championship West Division	07/07/2024
M	40	3000m S/C (91)	10m48.80s	M		Malcolm White	Brierly Hill	02/06/2007
M	40	400m	51.66s	E		Alan Clark	Cheltenham	01/01/1992
M	40	400m Hurdles (91)	59.90s	M		Graham Howell	Nuneaton, Mens Mid.Lge D4	17/07/1999
M	40	5000m	16m28.29s	E		Paul Gardiner	Yate, NAL Championship West Division	22/07/2024
M	40	60m Indoor	07.88s	E		Paul Green	Cardiff NIAC	07/02/2026
M	40	800m	2m07.08s	E		Anthony Glover	Yate	13/08/2017
M	40	Decathlon	5739 points	M		Graham Howell	Sheffield, BVAf CE Champs, Silver medal	12/09/1999
M	40	Discus (2kg)	39.71m	M		Chris Bevan	Manchester Sportcity	14/08/2013
M	40	Hammer (7.26kg)	40.53m	M		Matthew Spicer	Yate	15/05/2016
M	40	High Jump	1.59m	M		Graham Howell	Sheffield, BVAf CE Champs	11/09/1999
M	40	Javelin (800gms)	55.42m	M		Alan Holloway	Yate	05/05/2007
M	40	Long Jump	5.84m	M		Graham Howell	Exeter, SW Vets Champs	20/06/1999
M	40	Mile	5m25.50s	M		Ray Maddock	Yate, Grand Prix Open Meet	10/08/1994
M	40	Pentathlon	2977 points	M		Graham Howell	Solihull, BVAf Pentathlon Champs Gold medal	04/07/1999
M	40	Shot (7.26kg)	12.25m	M		Chris Bevan	Yate	21/08/2011
M	40	Triple Jump	12.76m	M		Matthew Muggeridge	Yate	16/07/2017
M	45	10000m	37m48.00s	M		Tony Jefferies	GRE Cup, Yeovil	07/05/1989
M	45	100m	12.17s	E	0.5	Matthew Muggeridge	Yate, National Athletic League, National One	20/08/2022
M	45	1500m	4m14.30s	M		Anthony Glover	Cheltenham, Midland League	11/07/2021
M	45	200m	24.40s	M		Matthew Muggeridge	Solihull, Midland League D3	13/08/2022
M	45	3000m	09m28.25s	E		Anthony Glover	Yate, National Athletic League	06/06/2021

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
M	45	3000m S/C (91)	11m43.30s	M		Malcolm White	Birmingham	09/06/2013
M	45	400m	56.11s	E		Matthew Muggeridge	Yate, National Athletic League, National One	20/08/2022
M	45	400m Hurdles (91)	65.90s	M		Graham Howell	Tipton, Mens Midland Lge D2	04/08/2007
M	45	5000m	17m33.90s	M		Tony Jefferies	Burton	09/05/1992
M	45	800m	2m05.20s	M		Anthony Glover	Gloucester, Avon T&F league	01/08/2021
M	45	Discus (2kg)	35.76m	M		Alan Holloway	Yate	05/05/2007
M	45	Hammer (7.26kg)	41.21m	M		Matthew Spicer	Yate	06/05/2018
M	45	Javelin (800gms)	41.98m	M		Matthew Muggeridge	Solihull, Midland League D3	13/08/2022
M	45	Long Jump	5.70m	M		Matthew Muggeridge	Cheltenham, Midland League D3	22/05/2022
M	45	Pole Vault	3.81m	M		Alan Holloway	Yate	17/06/2007
M	45	Shot (7.26kg)	10.95m	M		Alan Holloway	Yate	05/05/2007
M	45	Triple Jump	12.33m	M		Matthew Muggeridge	Yate, Midland League D3	17/07/2022
M	45	Weight (35lb/15.88kg)	09.50m	M		Matthew Spicer	Yate	26/09/2020
M	50	100m	13.22s	E		Malcolm Cowton	Yate	17/04/2011
M	50	1500m	4m22.61s	E		Anthony Glover	Belfast, Northern Ireland & Ulster Senior Champs	09/08/2025
M	50	200m	25.90s	M		Malcolm Cowton	Street	29/05/2011
M	50	3000m	09m55.55s	E		Anthony Glover	Nuneaton, Midland Counties League Division 2	13/07/2025
M	50	3000m S/C (91)	13m37.50s	M		Graham Howell	Brierley Hill, Mens Midland Lge	01/08/2010
M	50	400m	59.60s	M		Malcolm Cowton	Cheltenham	21/07/2010
M	50	400m Hurdles (84)	69.60s	E		Alan Burgess	Yate	23/08/2020
M	50	400m Indoor	57.25s	E		Malcolm Cowton	Gent,BEL	19/03/2011
M	50	5000m	17m59.60s	M		Tony Jefferies	Yate	01/09/1996
M	50	800m	2m12.66s	E		Anthony Glover	Yate, Avon T&F	17/08/2025
M	50	Discus (1.5kg)	31.11m	M		Aaron Sloan	BMAF Champs, Lee Valley	06/03/2022
M	50	Hammer (6kg)	42.96m			Matthew Spicer	Hull, Hammer Circle Reunion	13/10/2024
M	50	Javelin (700gms)	34.18m	M		Aaron Sloan	BMAF Champs, Lee Valley	06/03/2022
M	50	Mile	6m18.59s	E		Robert Grove	Yeovil, Open	13/09/2026
M	50	Pole Vault	3.70m	M		Alan Holloway	Stoke on Trent	07/05/2011
M	50	Shot (6kg)	10.91m	M		Aaron Sloan	BMAF Champs, Lee Valley Indoor	05/03/2022
M	50	Weight (25lb/11.34kg)	13.60m	M		Matthew Spicer	Hull, Hammer Circle Reunion	10/10/2021
M	55	100m	16.11s	E	0.3	Geraint Torrington	Yate, Avon T&F League	14/06/2026
M	55	1500m	5m00.40s	M		Tony Jefferies	Nuneaton	08/06/2002
M	55	200m Indoor	27.07s	E		Malcolm Cowton	Lee Valley	13/03/2016
M	55	3000m	10m39.80s	M		Tony Jefferies	Yate	20/08/2000
M	55	400m Indoor	60.86s	E		Malcolm Cowton	Lee Valley	12/03/2016
M	55	5000m	17m59.60s	M		Tony Jefferies	Bristol	01/09/2002
M	55	800m	2m30.10s	M		Tony Jefferies	Corby	02/08/2003
M	55	Hammer (6kg)	22.39m	M		Peter Jackson	Exeter	18/06/2017
M	55	Shot (6kg)	10.19m	M		Peter Jackson	Exeter	18/06/2017
M	60	10000m	40m36.70s	M		Jerry Musselwhite	Leamington, Open & Club Champs	25/05/2021

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
M	60	100m	14.40s	M		Graham Howell	Gloucester, Avon T&F league	01/08/2018
M	60	100m Hurdles (84)	21.95s	E	-2.6	Jerry Musselwhite	Yeovil, Bill Whistlecroft Spring Open	16/04/2022
M	60	1500m	5m08.80s	M		Jerry Musselwhite	Par	12/09/2020
M	60	1500m Indoor	5m15.84s			Jerry Musselwhite	Lee Valley Middle Distance Open	09/02/2022
M	60	2000m S/C (76)	08m17.02s	E		Jerry Musselwhite	Yeovil, Somerset County Champs	14/05/2022
M	60	200m	31.28s	E	1.7	Jerry Musselwhite	Carshalton, Surrey & Sussex CE Championships	11/09/2021
M	60	200m Indoor	36.40s			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	27/03/2022
M	60	3000m	10m55.90s	M		Tony Jefferies	Corby	05/06/2004
M	60	3000m Indoor	11m32.54s			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	26/03/2022
M	60	300m Hurdles (76)	52.23s	E		Graham Howell	Birmingham, British Masters Champs	10/08/2019
M	60	400m	69.47s	E		Jerry Musselwhite	Yeovil, Somerset County Champs	15/05/2022
M	60	400m Indoor	76.67s			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	26/03/2022
M	60	5000m	18m42.70s	M		Tony Jefferies	Yate	18/09/2005
M	60	5000m Indoor	20m11.67s			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	27/03/2022
M	60	60m Hurdles (84) Indoor	14.32s			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	27/03/2022
M	60	60m Indoor	09.93s			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	26/03/2022
M	60	800m	2m31.15s	E		Jerry Musselwhite	Yeovil, Bill Whistlecroft Spring Open	15/04/2022
M	60	800m Indoor	2m38.05s			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	26/03/2022
M	60	Decathlon	4604 points	M		Jerry Musselwhite	Kilmarnock, Scottish Athletics CE & Masters Char	11/07/2021
M	60	Discus (1kg)	32.63m	M		Jerry Musselwhite	Par, Mini Series	22/05/2021
M	60	Hammer (5kg)	50.27m	M		Eugene Lawlor	Yate	13/05/2017
M	60	High Jump	1.30m	M		Jerry Musselwhite	Yeovil, Bill Whistlecroft Spring Open	18/04/2022
M	60	High Jump Indoor	1.24m			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	26/03/2022
M	60	Javelin (600gms)	28.58m	M		Jerry Musselwhite	Carshalton, Surrey & Sussex CE Championships	11/09/2021
M	60	Long Jump	4.32m	M		Graham Howell	Gloucester	12/08/2018
M	60	Long Jump Indoor	4.02m			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	26/03/2022
M	60	Mile	5m36.52s	E		Jerry Musselwhite	Dagenham, Be Fit Today Track Academy Open	31/10/2020
M	60	Mile Indoor	5m52.23s	E		Jerry Musselwhite	Lee Valley, Ayo Faiola Dream Mile	08/02/2023
M	60	Pentathlon	2556 points	M		Jerry Musselwhite	Jarrow, NECAA/NEMAA Open Pentathlon Champi	19/09/2021
M	60	Pole Vault	2.80m	M		George Trmal	Sutton Coldfield	26/08/1997
M	60	Pole Vault Indoor	2.10m			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	27/03/2022
M	60	Shot (5kg)	10.28m	M		Peter Jackson	Birmingham	11/08/2019
M	60	Shot (5kg) Indoor	07.63m			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	26/03/2022
M	60	Triple Jump	08.99m		-0.2	Jerry Musselwhite	Yeovil, Somerset County Championships	13/05/2023
M	60	Triple Jump Indoor	08.15m			Jerry Musselwhite	Miramas, France Indoor World Ultra CE Champs	27/03/2022
M	60	Weight (20lb/9.08kg)	16.17m	M		Eugene Lawlor	Birmingham	25/06/2017
M	65	10000m	42m20.35s	E		Jerry Musselwhite	Battersea Park, Veterans AC 10000m Champs	11/09/2024
M	65	100m	15.75s	E	0.3	Jerry Musselwhite	Yate, Avon T&F League	14/06/2026
M	65	100m Hurdles (84)	23.30s	E	1.9	Jerry Musselwhite	Yeovil, Somerset County Combined Events	28/04/2024
M	65	1500m	5m17.09s	E		Jerry Musselwhite	Aldershot, Aldershot & Farnham Open Meeting	15/08/2024

Gender	Age Cat	Event	Performance	Timing Measuring	Wind	Athlete(s)	Venue & Competition	Date Recorded
M	65	1500m Indoor	5m30.80s	E		Jerry Musselwhite	Lee Valley, Open MD	14/02/2024
M	65	2000m S/C (76)	08m16.23s	E		Jerry Musselwhite	Derby, British Masters T & F Champs	02/09/2023
M	65	200m	31.72s	E	-2.9	Jerry Musselwhite	Wimbledon, Hercules Wimbledon Pentathlon	13/04/2024
M	65	200m Indoor	35.81s	E		Jerry Musselwhite	Boston, USA, 15th World Indoor Ultra CE Champs	17/03/2024
M	65	3000m	11m08.62s	E		Jerry Musselwhite	Aldershot, Aldershot & Farnham Open Meeting	15/08/2024
M	65	3000m Indoor	12m07.16s	E		Jerry Musselwhite	Boston, USA, 15th World Indoor Ultra CE Champs	16/03/2024
M	65	300m Hurdles (76)	57.63s	E		Jerry Musselwhite	Yeovil, Somerset County Championships	12/05/2024
M	65	400m	72.11s	E		Jerry Musselwhite	Yeovil, Somerset County Combined Events	27/04/2024
M	65	400m Indoor	72.13s	E		Jerry Musselwhite	Helsinki, Finland	11/04/2026
M	65	5000m	19m38.30s	M		Tony Jefferies	Kettering	01/05/2010
M	65	5000m Indoor	21m07.82s	E		Jerry Musselwhite	Boston, USA, 15th World Indoor Ultra CE Champs	17/03/2024
M	65	60m Hurdles (84) Indoor	12.94s	E		Jerry Musselwhite	Glasgow, Scottish Indoor Masters Championships	02/02/2025
M	65	60m Indoor	09.54s	E		Jerry Musselwhite	Helsinki, Finland	11/04/2026
M	65	800m	2m32.10s	M		Jerry Musselwhite	Stoke Gifford, Avon Open Meeting	27/08/2024
M	65	800m Indoor	2m38.53s	E		Jerry Musselwhite	Helsinki, Finland	11/04/2026
M	65	Decathlon	4935 points			Jerry Musselwhite	Yeovil, Somerset County Combined Events	28/04/2024
M	65	Discus (1kg)	30.37m			Jerry Musselwhite	Yeovil, Somerset County Championships	12/05/2024
M	65	Hammer (5kg)	24.90m			Jerry Musselwhite	Yeovil, Somerset County Championships	11/05/2024
M	65	Heptathlon Indoor	3622 points			Jerry Musselwhite	Glasgow, Scottish Indoor CE Championships	09/02/2025
M	65	High Jump	1.27m			Jerry Musselwhite	Yeovil Evening Open	27/06/2024
M	65	High Jump Indoor	1.27m			Jerry Musselwhite	Glasgow, Scottish Indoor Masters Championships	02/02/2025
M	65	Javelin (600gms)	28.94m			Jerry Musselwhite	Birmingham U, British Masters Pentathlon Champ	14/09/2024
M	65	Long Jump	4.16m			Jerry Musselwhite	Wimbledon, Hercules Wimbledon Pentathlon	13/04/2024
M	65	Long Jump Indoor	4.17m			Jerry Musselwhite	Boston, USA, 15th World Indoor Ultra CE Champs	16/03/2024
M	65	Mile	5m54.87s	E		Jerry Musselwhite	Horspath, British Masters 1 Mile & 10000m Cham	26/05/2024
M	65	Mile	6m01.91s			Jerry Musselwhite	Gloucester, Cheltenham Midsummer Opens	26/07/2023
M	65	Mile Indoor	5m55.96s	E		Jerry Musselwhite	Lee Valley, Ayo Falola Dream Mile	12/02/2025
M	65	Pentathlon	2860 points			Jerry Musselwhite	Birmingham U, British Masters Pentathlon Champ	14/09/2024
M	65	Pole Vault	2.70m	M		George Trmal	Cheltenham	03/08/2002
M	65	Pole Vault Indoor	2.09m			Jerry Musselwhite	Glasgow, Scottish Indoor CE Champs	08/02/2025
M	65	Shot (5kg)	09.34m			Jerry Musselwhite	Yeovil, Somerset County Championships	12/05/2024
M	65	Shot (5kg) Indoor	08.89m			Jerry Musselwhite	Deeside, Welsh Masters Indoor Field Events Chan	01/02/2025
M	65	Triple Jump	09.15m		1.3	Jerry Musselwhite	Yeovil, Somerset County Championships	11/05/2024
M	65	Triple Jump Indoor	08.48m			Jerry Musselwhite	Boston, USA, 15th World Indoor Ultra CE Champs	17/03/2024
M	65	Weight (20lb/9.08kg)	10.37m			Jerry Musselwhite	Jarrow, North East Masters Open Throws Pentath	07/09/2024
M	70	1500m	6m39.80s	M		Tony Jefferies	Yate	30/07/2017